



**DIRECTIONS:** From Walk event to swim event: Exit YMCA parking lot & turn left on Town Center Drive. Turn left onto South Center Street/IL Route 159. Follow IL Route 159 to Edwardsville. Turn Left onto Illini Drive to remain on IL Route 159. Turn left onto Governors Parkway. Turn right on first street, Esic Drive. Continue to 1200 Esic Drive on right.

From IL Route 157 driving north into Edwardsville. Continue on IL State Route 157 until Esic Drive. Turn right on Esic Drive. Continue on Esic Drive to 1200 Esic Drive on left.

# “MARYVILLE TOWN WALK & EDWARDSVILLE SWIM”

**CMT YMCA MARYVILLE – WALK  
YMCA EDWARDSVILLE – SWIM**



**Saturday, June 17, 2017**

**Walk - 5K & 10K Kilometer Distances**  
**Start: 9am – 11am Finish: By 2:00pm**  
 Trail Rating: 1A

**EVENT: MA17-107906**

**Swim - 300 Meters**  
**Start:**  
**EVENT: MA17-107911**

**SPONSORED BY:**  
**ILLINOIS TREKKERS VOLKSSPORT CLUB**



**WELCOME TO THE MARYVILLE IL TOWN WALK:** We invite you to join us for a traditional event in Maryville, IL this summer. On the walk you will experience city parks, historic neighborhoods, stroll on the bike trail AND enjoy a stop at Bobby's Frozen Custard (Bobby's opens at 11:30 am). If you participate in the new Special Program-Ice Cream Parlors, this is your chance to stamp your book. Cool off with a frozen dessert and/or drink and then finish your walk. Get ready to drive to Edwardsville to swim.

**WHAT IS A VOLKSMARCH:** A volksmarch is a leisurely walk through a scenic, historic, and/or interesting area over a clearly marked trail. The event is a family oriented, noncompetitive walk done at your own pace. An achievement program is available to keep track of your accomplishments.

**WALK LOCATION:** CMT YMCA, 1 Town Center Drive, Maryville, IL 62062.

**SWIM LOCATION:** Edwardsville YMCA, 1200 Esic Drive, Edwardsville, IL 62025. Swim between 2:00 pm and 4:00 pm.

**PARKING:** Ample free parking at the YMCA's. Please park in spots away from the building so patrons can park close to the building.

**START/FINISH:** Start between 9:00am and 11:00am at the YMCA. You must finish by 2:00pm. Walk or jog at your own pace. Restrooms are available at the start / finish point and at Drost Park.

**DISTANCE:** There will be a 5k and a 10k trail marked with streamers, arrows, and signs. Trails are rated 1A with surfaces including sidewalks, paved streets, and a bike trail. Trail is suitable for strollers and wheelchairs. Swimmers must complete 300 meters.

**REGISTRATION:** The fee is \$3 for all walkers and is open to everyone -- all ages are welcome. Additional \$3 fee for all participating in the SWIM who are members of any YMCA. Please bring YMCA ID. Additional \$6 fee for all swimmers who are non YMCA members. An adult must accompany children under the age of 12. There is no pre-registration for the WALK or SWIM and there are **no refunds**. Pets are welcome but must be kept on a leash and it is your responsibility to clean up after your pet(s). Only service animals allowed in buildings. NO PETS AT THE SWIM EVENT PLEASE.

**SANCTION:** The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), sanctions this event. We remind you to bring both IVV books (event and distance). IVV books are available at the start/finish for \$6.00 each.

**AWARDS:** There will be no award for this walk or swim. CREDIT ONLY.

**PROCEDURE:** At the start, get a start card and fill it out. Carry this card with you on the walk and present it at the checkpoints. Walkers missing a checkpoint may be refused IVV credit. Start cards remain the property of the Illinois Trekkers and must be turned in at the finish point when the walk is completed. Swim participants will also complete a start card that remains property of Illinois Trekkers.

**REFRESHMENTS:** Water will be available at the start/finish point.

**WEBSITES:** [www.ava.org](http://www.ava.org)  
[www.illinois-trekkers.org](http://www.illinois-trekkers.org)

**DIRECTIONS:** I-55, I-70: From Interstate 55/70 take exit 15B toward Maryville/Edwardsville on 159. Turn left at first stop light on Town Center Drive. Stay right when two lanes split & continue to MCT YMCA. BELLEVILLE: Take IL 159 past Interstate 55/70 & turn left at first light after Interstate 55/70 onto Town Center Drive. Stay right when two lanes split & continue to MCT YMCA.

**FOR MORE INFORMATION CONTACT:**

Vickie Ridgeway @ [ridgeway410@msn.com](mailto:ridgeway410@msn.com) or 618-792-3881

**DISCLAIMER:** The sponsors of this event are not liable for accidents, injury, lost or stolen items, and/or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event.