

# ST. LOUIS-STUTTGART VM CLUB

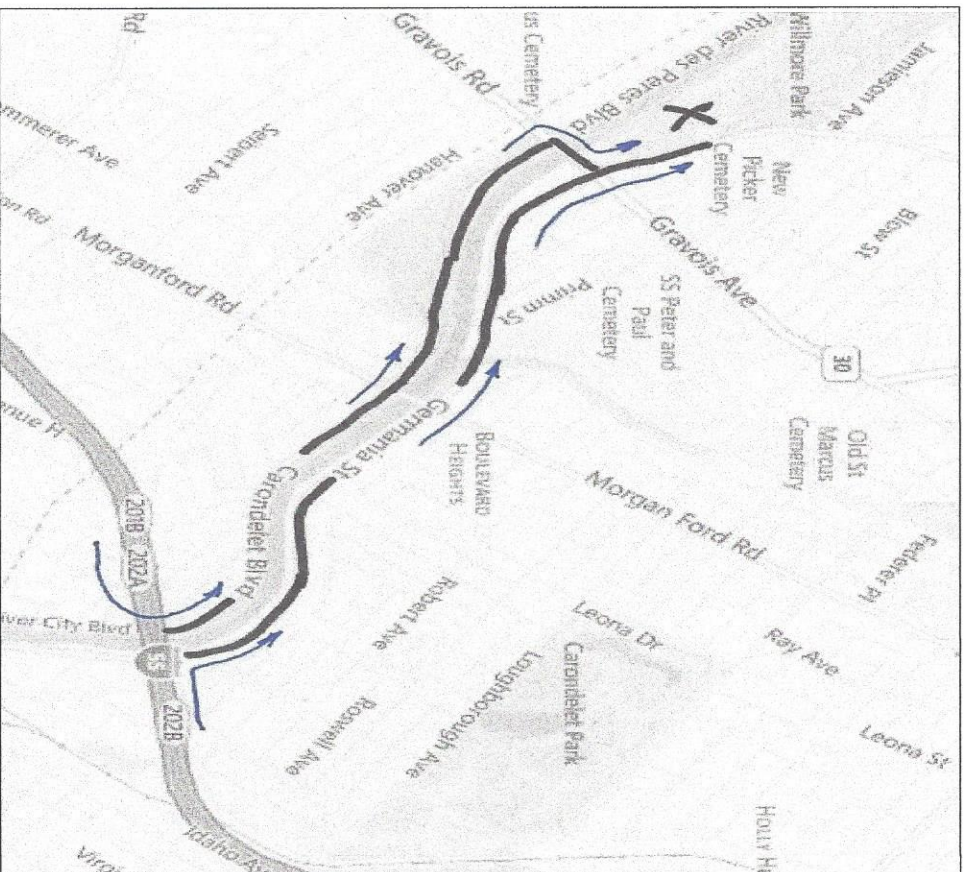
10/5 Kilometer Recreational Walk

## WILLMORE PARK

Pavillion No. 1

6499 Jamieson Ave (Entrance located on  
Hampton Ave, North of Gravois)

St. Louis, Missouri 63109



**DIRECTIONS:** Northbound on Interstate 55, Exit 202A to left on Carondelet Blvd, continue north to Right on Gravois, left onto Hampton to Left into Park Entrance.

Southbound on Interstate 55, Exit 202B to Right onto Germania Street, continue north crossing Gravois to Hampton and Left into Park Entrance.

Saturday, May 27, 2017

AVA-0355 / SC 17-107660



**What is a Volkswalk?** A Volkswalk is an individually paced walk on a designated course, open to all ages and levels of ability. The purpose of a Volkswalk is to encourage participation in the healthful hobby of walking and to provide opportunities to explore cities, neighborhoods, parks or forests. Family participation is encouraged (children under 12 must be accompanied by an adult). Volkswalk events can be free, but donations to cover club expenses are requested. Also, an optional incentive program is available which enables walkers to keep records of events and distances completed. To participate in this optional program, walkers purchase record books to record their events and distances. Completed books are sent to The American Volkssport Association for a certificate, pin, and a patch, recognizing the number of kilometers walked and/or number of events completed. Record books are available for sale at the registration table, where we will be available to answer any Volkssport questions.

**Welcome to Willmore Park** – Willmore Park, consisting of 105.61 acres, is located along the River Des Peres on the City of St. Louis' southwestern border. The intersection of Gravois and Hampton Avenue is near the park's southeastern border. Originally 70 acres was donated by Cyrus Crane Willmore, a prominent developer of many subdivisions in the City of St. Louis as well as University City, Webster Groves and Normandy. His main St. Louis contributions were Kingshighway Hills (now in the North Hampton neighborhood) and the St. Louis Hills subdivisions. Believing southwest St. Louis was ready for development, he started expanding into the largely undeveloped tract of more than 700 acres that would become St. Louis Hills. Mr. Willmore took steps to acquire that property in the late 1920's.

**Eligibility** – This event is free and open to the public and family participation is encouraged. Children under 12 must be accompanied by an adult. There is a \$3.00 fee for IVV Credit.

**Start/finish** - "Pavillion #1", is the first shelter behind the comfort station in Willmore Park. *Participants must register* and may begin the walk starting at 8:00 AM until 12:00 Noon. Participants must be finished by 3:00 PM. Event will be held rain or shine.

**Trail** – The trail is paved with some gentle inclines (rate 1a). The trail consists of a 10-K and 5-K route. It will accommodate wheelchairs, strollers, etc.

**Parking** – is available on parking lot adjoining the shelter.

**Award/Credit** – This event has no award. Patches from prior events will be available, at a small cost, to be earned as "B" awards. IVV credit is \$3.00. If neither award nor IVV credit is desired, donations to cover club expenses for this walk would be greatly appreciated.

**Water** – will be available at the start/finish & at the check point.

**Pets** – Allowed, but must be properly leashed and under control at all times. Please clean up after your pets.

**Special Event Credit** – Cities in Song, Doin' the Louisiana Purchase, Walking the USA A-Z, Ice Cream Parlors

**Safety First** – Every effort has been made to ensure the safety of our participants. The sponsors of this event cannot be held liable for any lost, stolen items, damage, accidents, or injury at any time. You will be asked to sign a Disclaimer of Liability Form at the time of registration.

**The St. Louis-Stuttgart VM Club**, celebrating 30 Years of membership in the AVA, is also affiliated with the St. Louis-Stuttgart Sister Cities, Inc., a non-profit organization which maintains the friendship between St. Louis and her sister city, Stuttgart Germany, through an active schedule of educational, cultural and business exchanges. The SLSSC, the original sponsor of our volkssporting events, introduced our citizens to an activity typically enjoyed in the country of our sister city.

For Additional Information – Harrison Billy

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Visit these Volkssporting internet sites:

[www.ava.org](http://www.ava.org)

[www.ivv.org](http://www.ivv.org)

*St. Louis-Stuttgart Volksmarch Club, Inc.*

*1980 Avon Drive*

*Florissant, MO 63033-1323*