

Waterloo IL is located SE of St. Louis at intersection of IL Route 3 and IL Route 156. **Directions to Start Point:** From I-255 take Exit 6 onto IL Hwy 3 toward Columbia.

From I-255 take Exit 6 onto IL Hwy 3 toward Columbia. Drive (10 miles) to Waterloo. Turn left (2nd traffic light) onto N. Market St (1.5 miles). Turn right onto E. 3rd Street. Park along E. 3rd or S. Main Street. From Belleville, drive approx. 11.5 miles southwest on IL-158. Merge south onto IL Route 3 for 6 miles. Turn left (2nd traffic light) onto N. Market St. (1.5 miles). Turn right onto E. 3rd St. Park along E. 3rd or S. Main. Welcome!

Plan to make this a "Walking Weekend" – 16 YREs available within immediate Metro-East IL/St. Louis area.

DISCLAIMER: The sponsors of this event are not liable for accidents, injury, lost or stolen items, and/or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

AVA "Moving together toward a healthier America" X/12/18/16	\$
SANCTIONED EVENT	
Eligible for credit toward IVV Achievement Awards	

WATERLOO, IL TOWN WALK

"CHRISTMAS IN JULY"



Saturday, July 22, 2017

Start: 8:00 am – 10:30 am Finish: By 1:30pm Trail Rating: 2A EVENT: MA-107990

SPONSORED BY: ILLINOIS TREKKERS VOLKSSPORT CLUB www.illinois-trekkers.org



WELCOME TO THE WATERLOO TOWN WALK: Join us for a Traditional Walk event in Waterloo, IL to enjoy "Christmas in July." Experience the historic downtown where merchants & restaurants are holding their Explore Waterloo "Christmas in July" open houses. Stroll along city sidewalks to visit historic Peterstown House (1843), Bellefontaine House and Monroe County History Museum. Many of the city's buildings today reflect the heritage left by early German settlers. Explore "the first permanent settlement in what is now the State of Illinois" (1781), with the earliest settlers including families of Revolutionary War veterans.

WALK LOCATION: Monroe County Courthouse Bandshell Gazebo, 100 South Main Street (corner of S. Main & E. 3rd), Waterloo, IL.

<u>PARKING and RESTROOMS</u>: Ample street parking and restrooms available at start location. Dogs welcome on leash.

<u>START/FINISH</u>: Start between 8:00 a.m. and 10:30 a.m. at the Courthouse Bandshell/Gazebo. You must finish by 1:30pm. Walk or jog at your own pace.

<u>DISTANCE</u>: Two 5k loops designated by written directions and map. Trails are rated 2A (some inclines) and are suitable for strollers and wheelchairs. Checkpoint at start/finish point.

<u>REGISTRATION</u>: The fee is \$3 for all walkers and is open to everyone -- all ages are welcome. An adult must accompany children under the age of 12. No pre-registration required.

<u>GROUP WALK:</u> Want a walking partner? Join Group Walk leaders at start point at 8:30 AM to walk either 5K or 10K route.

AWARDS: There is no award for this walk. CREDIT ONLY.

<u>REFRESHMENTS</u>: Water will be available at the start/finish point.

SPECIAL PROGRAMS: Make a Wish at a Water Fountain; US Post Offices; Walk USA—Street by Street; Walking USA: A-Z.



Share your Christmas Spirit: Bring your donations to benefit the Life Network of Southern Illinois. Donations of the following items are greatly appreciated: diapers or pull-ups; diaper cream; spill-proof sippy cups; toddler snacks & meals; \$5 Walmart gift cards (used for specific formula needs). Thank you for your generosity!



WHAT IS A VOLKSMARCH: A volksmarch is a leisurely walk through a scenic, historic, and/or interesting area over a clearly designated trail. The event is a family-oriented, noncompetitive walk done at your own pace. An achievement program is available to keep track of your accomplishments.

PROCEDURE: At the start point, complete a start card. Carry this card with you on the walk. Start cards remain the property of the Illinois Trekkers and must be turned in at the finish point when the walk is completed. No refund of registration fee.

SANCTION: The American Volkssport Association (www.ava.org), a member of the International Federation of Popular Sports (IVV), sanctions this event. We remind you to bring your IVV Event/Distance books and Special program books to this event. IVV books are available to purchase at the start/finish for \$6.00 each.

FUTURE WALK ALERTS: Send an email to trudyduffman@ yahoo.com to be added to weekly Club Walk Alert email distribution. We welcome you to our next walk event!

FOR MORE INFORMATION CONTACT:

Susan Jones: susanljones52@gmail.com or 951-818-6662 or Sue Bacon: baconse@gmail.com or 571-345-8301.