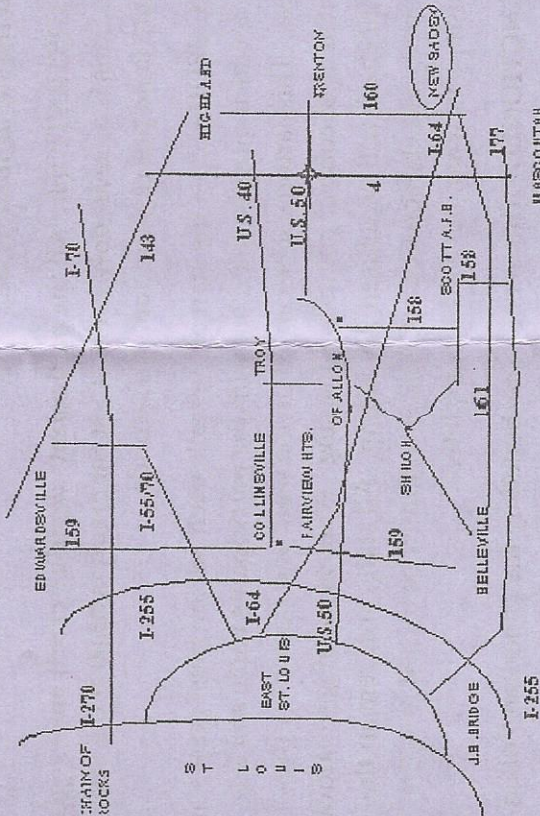


FOR MORE INFORMATION ABOUT THE WALK
PLEASE CONTACT:

Bill Malina
Lebanon Cedar Cruisers
604 Marcia Blvd.
New Baden, IL 62265
618-588-4097
wmalina@charter.net

LOCATION:

From the east, south, and north, the Village Park is at the intersection of IL Route 160 and IL Route 161. From the West, use I-64 to Route 161 (exit 27), then east on Route 161 to the park. From North and the South use Route 160 to intersection of Route 160 and Route 161. From the East use IL Route 161. Start Point



AVA — IVV
A SEPTEMBER STROLL
NEW BADEN, ILLINOIS
SATURDAY, SEPT. 9, 2017
5/10 KM 3.1/6.2 Miles

Credit Walk

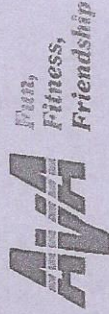


CELEBRATING 30 YEARS
LEBANON CEDAR CRUISERS

EVENT: #MA17/107950



Eligible for credit toward IVV
Achievement Awards
www.AVA.org



NEW BADEN
ILLINOIS

FOUNDED IN 1855

The land on which New Baden was founded was granted by the United State Government to Walter Sawyer on September 11, 1838. The original grant was 155.14 acres. Most of the emigrants were from Baden, Germany, hence the name of the town. Henry Pool, a German, built Baden's first house. On May 27, 1896, the Village of Baden was destroyed by a tornado. Sixteen people were killed. The village was rebuilt and renamed "New Baden". Eighty-six years later this disaster was repeated having two recorded deaths. New Baden is an alert, fast growing community, active in county and state government.

WHAT IS A VOLKSMARCH?

A Volksmarch is one of the most frequent events sponsored by the AVA. It is a leisurely walk through a scenic or historic area. It is designed to appeal to people of all ages. It is not a contest of speed or endurance. Each individual travels at his or her own pace. Our reason for supporting a Volksmarch program is the hope that it will appeal to those individuals who otherwise get very little exercise, by providing a non-competitive event that is fun and easy. This event is open to the public and all ages are welcome.

DISCLAIMER: Every effort will be made to ensure safety of the participant. The sponsors cannot be held responsible for accident or injury.

SPECIAL BOOKS:

50 State Walk A-Z
Post Office City Park

AWARDS: There will be no patches or medals available.

PARTICIPATION INFORMATION

Date: Saturday, September 9, 2017

Location: New Baden City Park (Pavilion #4), New Baden, Illinois

START/FINISH: Start, rain or shine, any time between 8:30 a.m. and 11:00 a.m. Walk, jog or run at your own pace. You must be finished by 1:00 p.m. Event will take place regardless of weather (unless tornado).

DISTANCE: A 5K (3.1 miles) and a 10K (6.2 miles) course will be available. Trail is on paved roads, streets, sidewalks and walk trail. Rating is A1A (1). The walk is suitable for stroller and handicapped with some difficulty. Adequate parking is available.

ELIGIBILITY: All ages are welcome and this event is open to all. Family participation is encouraged. Children under 12 must be accompanied by an adult. All pets must be leashed and under control at all times (clean up after pets).

REFRESHMENTS: Water will be provided at the control points and the start/finish point.

REGISTRATION: All the participants desiring credit must register. This is a credit only event. Cost for credit is \$3.00 at the event. There is no pre-registration. No refunds.

PROCEDURE: At the start of the walk, each person must get a start card, which must be filled out with the participants name and address. This card must be carried on the walk and personally presented at all control points for checking. Walkers missing a control point check will be refused IVV Stamp. All start cards remain the property of Lebanon Cedar Cruisers and must be turned in at the finish point when the walk is completed.

SANCTIONED: This event is sanctioned by the American Volkssport Association (AVA), a member of the IVV. Previous participants are reminded to bring both IVV Books (Event and Kilometer). IVV Books may be purchased for \$6.00 each at the Start/Finish Point.