

March to the Arch Pre-Registration Form

Name: _____

Email: _____

Phone: _____

Circle walk you plan to do: 5K 10K 34K

Free T-shirt size Circle one

Small Med Large X-Large XX-Large

Walk: \$3.00

Bo Druckelman has noted that there may be a fee this year. It's not known at this time if there will be a fee. You will receive an email if there is an additional fee.

Total Enclosed _____

Please sign waiver and send completed registration form and payment to:

Gateway Milers

c/o Rosalie Maul, 1779 Bentwater Lane, O'Fallon, Illinois 62269

Disclaimer of Liability

In consideration of being allowed to participate in any AVA volkssporting programs and related events the undersigned:

1. Agrees that before or during my participation, if I believe anything is unsafe, I will immediately advise the event supervisor or other person in authority at the volkssporting program and the related events and activities of such conditions and refuse to participate.
2. Acknowledges and fully understands that each participant will be engaging in activities that involve the risk of serious injury, including permanent disability and death and sever social and economic losses which might result not only from my own actions, inactions or negligence of others, or the condition of the premises, the trail or any equipment used. Further, that there may be other risks not known to us or not reasonably foreseeable at this time.
3. Assumes all the forgoing risks and accept personable responsibility for the damages following such injury, permanent disability or death.
4. Release, waive, discharge and promise not to sue the American Volkssport Association, its affiliated clubs, their respective administrators, directors, agents, or other volunteers and employees of the organization, other participants, sponsoring agencies, sponsors, advertisers and if applicable, owners and leasers of premises used to conduct the event, all of which are hereinafter referred to as (releases), from demands, losses, ore damages on account of injury including death or damage to property caused or alleged to be caused in whole or in part by the negligence of the release or otherwise.

Signature _____ Date _____

9/11 March to the Arch



Distances: 5K 10K 34K Rating: 1A

EVENT: 107894

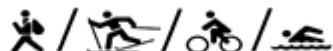
SPONSORED BY: THE GATEWAY MILERS &
BO DROCHELMAN

***Special Event: Walking the United States,
Walking the USA A-Z, Honoring our Flag, Cities in Song***

The March to the Arch is a 21 mile memorial group walk that begins west of St. Louis and concludes at the base of the Gateway Arch. Bo Drochelman started this annual walk in 2002 in remembrance of the Americans who lost their lives in the 9/11 tragedy. Gateway Milers invite Volkssporters to join this memorial walk. The 21 mile walk begins at 9:11 am on Monday September 11, 2017. The 10K walk joins the walkers at the St. Louis History Museum in Forest Park. The 5K walk joins walkers at Tegler Hall on SLU campus. All registered walkers are given a t-shirt and encouraged to carry flags.



Eligible for credit toward IVV Achievement Awards



START LOCATION: The 34k (21 mile) starting point will be at Mike Duffy's Restaurant at 141 and Clayton Road, Chesterfield, MO. The 10K will start at the History Museum in Forest Park. The 5K starts at Tegler Hall on Lindell (1 block east of Grand Ave).

PARKING: Mike Duffy's or History Museum, or metered street parking and parking garage on Olive and Compton. Metrolink to Forest Park or Grand Ave.

TIME: Start time is 9:11 am for 34K, approximately 3:30pm for 10K, approximately 4:30 pm for 5K.

REGISTRATION: This walk is a pre-registered walk only. You must pre-register by 7/31/2017. The Gateway Milers will submit registration of our walkers to the March to the Arch website. Fee is \$3 for all walkers. Event will take place regardless of weather. No refund will be given. Event is open to the public. This event counts toward acquisition of IVV achievement awards. An adult must accompany children under the age of 12.

PROCEDURE: The 34K (21 mile) at Mike Duffy's starting at 9:11 am and at the History Museum (10K) at approximately 3:00 pm. Tegler Hall(5K) at approximately 4:00 pm. You will receive your t-shirt and American flag at the start locations. Books will be stamped at 10K and 5K starts.

TRAIL The trail will be on sidewalks and streets through the city of St. Louis with a police escort. **It is a group walk.** The walk goes to the base of the St. Louis Arch. After a short ceremony at the Arch buses will return walkers to their start points.

REFRESHMENTS: Water and restrooms available at the start and all walking stops throughout the walk. Walkers are encouraged to carry water, bandaids, and snacks.

POC: Rosalie Maul (618) 622-0892 rosalie.maul@gmail.com

SANCTION: Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). IVV books, event and distance, are available at the 10K and 5 K start points for \$6.00 each. New Walker packets are available for those that wish to participate in IVV/AVA award programs.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make the event safe and enjoyable.

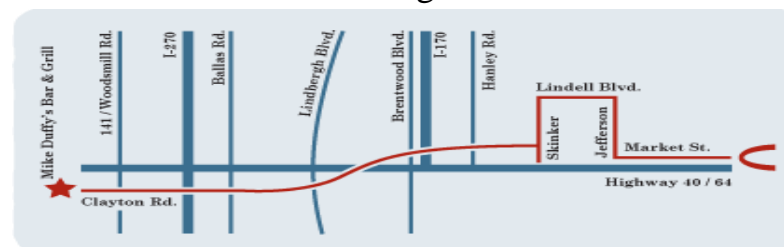
WEBSITES:

Gateway Milers --- <http://www.gatewaymilers.org/>

AVA Headquarters ---- <http://ava.org>

March to the Arch <http://www.marchtothearch.com>

Walking Route



34K: Directions to Mike Duffy's: Take Hwy 64 west to 61 N. At exit 22, take ramp right for N Outer Forty Rd towards Woods Mill Rd. Take ramp left and follow signs for MO-141 South. Take ramp right for Woods Mill toward Clayton Rd. Bear right onto S. Woods Mill Rd. Turn left on MO-HH/Clayton Rd. Turn right on Woodsmill Plaza. Arrive at 102 Schnucks Woodsmill Plaza.

10K: Directions to the History Museum: Take Hwy 64 to North Kingshighway Blvd. Continue on N Kingshighway Blvd to Forest Park Pkwy. Turn left. Follow Forest Park Pkwy to Lindell Blvd. Turn left, the History Museum is at 5700 Lindell Blvd.

5K walkers start at Tegler Hall (Lindell just east of Grand). There is metered street parking and a parking garage at Olive and Compton, just 1 block east of Tegler Hall. (Lindell becomes Olive)

Metrolink is also convenient to 10k, 5k starts and return from the Arch.



