

SEMI-ANNUAL CEMETERY RECREATIONAL WALK

5 km (3.1 mile) & 10 km (6.2 mile) walk in

HISTORIC BELLEFONTAINE CEMETERY



Sunday, October 29, 2017

AVA 355

SC17-10806

Sponsored by

ST. LOUIS-STUTTGART VOLKSMARCH CLUB

A St. Louis Walking Club

The St. Louis-Stuttgart Volksmarch Club is a non-profit organization chartered by the state of Missouri and donations are not tax deductible.

Directions: I-70 in north St. Louis to exit 245B - West Florissant Rd. North one mile to the entrance to the cemetery. Take the first right turn and follow the arrows to the Lakeside Columbarium. Plenty of parking. Restrooms and snacks available at the start point.

WELCOME TO BELLEFONTAINE CEMETERY, the final resting place for some of St. Louis' most illustrious citizens including civic and corporate leaders, politicians and literary figures. The 330-acre cemetery is serene with scenic hills and many trees. The Wainwright tomb -- designed by Louis Sullivan and built by a St. Louis industrialist for his young wife -- and many other architecturally significant mausoleums and monuments are also found in the cemetery.

WHAT IS A VOLKSWALK ? A Volkswalk is an individually paced recreational walk on a designated course, open to all ages and levels of ability. The purpose of a volkswalk is to encourage participation in the healthful hobby of walking and to provide opportunities to explore cities, neighborhoods, parks or forests. Family participation is encouraged (children under 12 must be accompanied by an adult).

Volkswalk events are free, but donations to cover Club expenses are appreciated. Also, an optional incentive program is available which enables walkers to keep records of events and distances completed. To participate in this optional program, walkers purchase record books to record their events and distances. A fee of \$3.00 is charged. Completed books are sent to the American Volkssport Association for a certificate, pin, and a patch, recognizing the number of kilometers walked and/or number of events completed. Record books are available for sale at the Registration Table, where we will be available to answer any volkssport questions.

WHEN / WHERE: The Registration, Start/Finish Point is the lakeside columbarium of the cemetery. Enter the cemetery and take an immediate right and follow the signs. Directions are on the back of this brochure. Parking is available in the cemetery. Do not park on lawns or green spaces! Registration starts at 8:00 AM and closes at 12 Noon. Walkers must return to the finish by 3:00 PM. Event will be held regard-less of weather conditions.

TRAIL: (rated 1) The trail consists of a 10 K and a 5K walk route and is all on paved surfaces with some hills and uneven roads. It is suitable for strollers and wheelchairs.

AWARD/CREDIT: The event has no award, however patches from prior events will be available, at a small cost, to be earned as "B" awards. I V V credit only is \$3.00. The walk is free (but you must register), if neither award or I V V credit is desired, but donations to cover club expenses for this walk would be very much appreciated.

WATER / REFRESHMENTS: Will be available at Registration Start/Finish Point.

PETS: Which are property leashed are permitted on the walk, but may not be permitted in businesses that are along the walk route.

SPECIAL EVENT CREDIT: Both the 5 and 10K loops of this walk qualify for **Doin' The Louisiana Purchase, Lakes and Reservoirs, Make a Wish at a Water Fountain, National Register of Historic Places, Trekking With the Trees, Walking the USA A - Z.**

SAFETY FIRST: Every effort has been made to ensure the safety of our participants. The sponsors of this event cannot be held liable for any lost, stolen items, damage, accidents, or injury at any time. You will be asked to sign a Disclaimer of Liability Form at time of registration.

ST. LOUIS.STUTTGART VOLKSMARCH CLUB is affiliated with **ST. LOUIS-STUTTGART SISTER CITIES, INC.**, a non-profit organization which maintains the friendship between St. Louis and her sister city, Stuttgart in Germany, through an active schedule of educational, cultural and business exchanges. Its sponsorship of these volkssporting events introduces Americans to an activity typically enjoyed in the country of our sister city.

FOR ADDITIONAL INFORMATION: Contact Dave or Edna Lanahan at 636-379-4493, Email - WalkSTL@charter.net or Harrison Billy, 314-609-66734, e-mail - Harrison-B3752@sbsglobal.net

Visit these Volkssporting internet sites:
www.ava.org www.ivv.org