

#### Directions to Start Location:

From I-64 exit 16 on Green Mount Road south toward Shiloh. Continue on South Green Mount Road approximately 4 miles to the intersection of South Green Mount Road and Carlyle Avenue/IL 161 (Lowe's will be on the left). Turn LEFT onto Carlyle Avenue/IL 161 and the YMCA will be on the LEFT at the traffic light across from SWIC.



## NEW METROLINK BIKE TRAIL WALK

**SATURDAY, APRIL 21, 2018**

**YMCA – East Belleville**

**2627 Carlyle Avenue**

**Belleville, IL 62221**

**5km/10km Distances**

**Trail Rating: 1A**

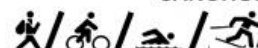
**EVENT: MA-110864**



*PRESENTED BY:*

***ILLINOIS TREKKERS VOLKSSPORT CLUB***

**Ava**  
Fun, Fitness, Friendship  
America's Walking Club



**SANCTIONED EVENT**

Eligible for credit toward  
IVV Achievement Awards



**Welcome:**

The Illinois Trekkers invite you to walk with us for exercise and fun. This traditional event will take participants on the new Metrolink Bike Trail from the Shiloh Scott Station to the East Belleville YMCA. Jump on the Metrolink train and have fun with us on a new adventure.

**What is a Volksmarch?**

A volksmarch is a noncompetitive walk along a designated route with directions or markers provided. Most volksmarches are either 5k (3.1 miles) or 10k (6.2 miles) in duration. This event is sanctioned by the American Volkssport Association (AVA), America's Walking Club, a member of the International Federation of Popular Sports (IVV).

**Eligibility:**

All ages are welcome to participate. Family participation is encouraged. An adult must accompany children under the age of 12 years. This is a credit only walk. No awards available.

**Fees:**

All participants must pay a \$3 fee to walk this event. There are no free walkers. No refunds. Event will take place regardless of weather. Participants will ride the metro link train from the College Station near SWIC to the Shiloh Scott Station by purchasing a ticket at the station for \$2.50. Seniors 65 and over can obtain a pass at 19 Public Square, Belleville, IL (first & third Wednesday ONLY) for free.

**Trail Information:**

The trail is mostly on paved walking/bike trail, sidewalks, or paved streets. Trail is rated 1A.

**Pets:**

This walk is NOT suitable for pets unless a registered service animal. The metro link train does not allow animals on board.

**Start Location:**

The start location is **at East Belleville YMCA, 2627 Carlyle Avenue, Belleville, IL 62221** (Registration only). Participants will ride the metrolink train from College Station to the Shiloh Scott Station. The walk will start on the bike trail at that location.

**Parking:**

There is ample free parking in the YMCA parking lot. Please park toward the street side of the parking lot so YMCA members have close parking.  
(GPS 38.5212°N -89.9203°W)

**Registration / Time:**

Walkers can start anytime between 9:00 – 11:00 a.m. to register and pick up event directions/map. Walkers must be off the trail no later than 2:00 p.m.

**Procedure:**

Every walker must fill out a start card and sign the waiver before starting the walk. Carry one copy of the card with you on the walk. Start cards must be turned in at the finish table as they remain property of the Illinois Trekkers Volkssport Club.

**Awards:**

This is a credit only walk.

**Refreshments:**

Water will be available at the start and finish. Restrooms will be available at the start and finish.

**POC:**

Point of Contact is Packy & Sue Botula, 618-236-9521, packysuba@juno.com.

**Sanction:**

Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). IVV books, event and distance, are available at the start/finish for \$6 each. New Walker packets are available to those who wish to participate in IVV/AVA award programs for \$5 each.

**Disclaimer:**

The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make the event safe and enjoyable.

**Directions: See back of brochure.****Special Programs:**

Walking the United States and Walking the USA A – Z.

**Websites:** Illinois Trekkers Volkssport Club [www.illinois-trekkers.org](http://www.illinois-trekkers.org)  
AVA [www.ava.org](http://www.ava.org)

***A special 'thank you' to the East Belleville YMCA for providing their facility as a start location for this event!***