

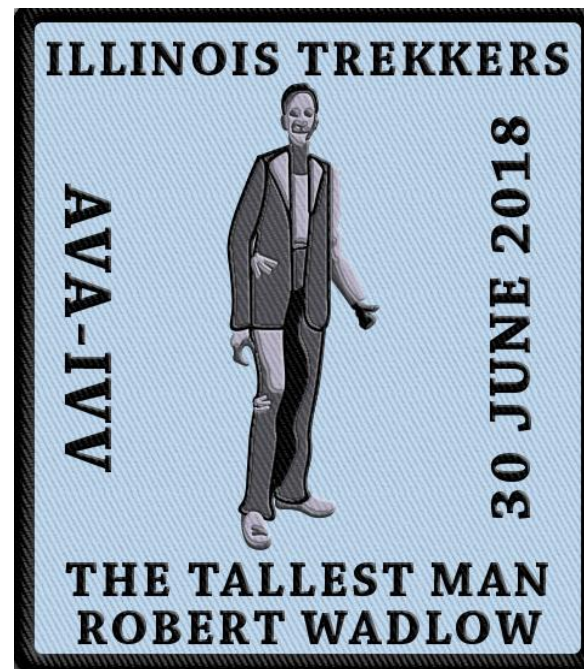
Directions to Start Location:

From Illinois (I-270): take IL-255 North to Exit 6 route IL143 turn left on IL-143. Stay in left hand lane after going through Wood River to stay on IL-143 at Route 3 intersection. IL-143 turns into Landmarks Blvd. at Clark Bridge in Alton. At next light after bridge turn left on Henry Street. Turn left on to Riverfront Drive to Picnic Shelter.

From St. Louis (I-270 N): take MO-367/67 North across Clark Bridge, turn left onto Landmarks Blvd. At next light turn left on Henry Street. Turn left on to Riverfront Drive to Picnic Shelter.

HISTORIC ALTON WALK
SATURDAY, JUNE 30, 2018
RIVERFRONT PARK PICNIC SHELTER
Alton, IL 62002

5/11/16/22K Distances
Trail Rating: 2A
EVENT: MA18-110935



PRESENTED BY:
ILLINOIS TREKKERS VOLKSSPORT CLUB



Welcome:

The Illinois Trekkers invite you to walk with us for exercise and fun. This traditional event will take participants through historic Alton, IL. Come help celebrate the 200th birthday of the state of Illinois. View the Lincoln-Douglas Debate Site and check out the history of the Underground Railroad including Elijah Lovejoy Monument plus Robert Wadlow the Tallest Man Statue.

What is a Volksmarch?

A volksmarch is a noncompetitive walk along a designated route with directions or markers provided. Most volksmarches are either 5k (3.1 miles) or 10k (6.2miles) in duration. This event is sanctioned by the American Volkssport Association (AVA), America's Walking Club, a member of the International Federation of Popular Sports (IVV).

Eligibility:

All ages are welcome to participate and open to the public. Family participation is encouraged. An adult must accompany children under the age of 12 years.

Fees:

All participants must pay a \$3 fee to walk this event. There are no free walkers. No refunds. Event will take place regardless of weather. Walkers can purchase an embroidered patch for an additional \$4 at the start table. Only 50 will be sold.

Trail Information:

The trail is mostly on paved sidewalks or paved streets. Trail is rated 2A with only 100 ft of elevation. There is one steep hill on the 5K & 11K but the rest is relatively flat or downhill. Walk the 11K twice for 22K.

Pets:

Pets are welcome but must be leashed and under control of owner at all times. Owner responsible for cleanup of animal.

Start Location:

The start location is at the Riverfront Park Picnic Shelter.
38.886233N, -90.181308W

Parking:

There is ample free parking in the adjacent parking lot.

Registration / Time:

Walkers can start anytime between 8:00 – 11:00 a.m. to register. Walkers must be off the trail no later than 2:00 p.m. Those wishing to join the Underground Railroad Tour should make **reservations** for the 1:00pm tour by calling (800) 258-6645 or sign-up online: visitalton.com/shuttle. **Cost \$25 per person for a 2 hour tour.** Starts at Visitor Center, 200 Piasa Street.

Procedure:

Every walker must fill out a start card and sign the waiver before starting the walk. Carry one copy of the card with you on the walk. Start cards must be turned in at the finish table as they remain property of the Illinois Trekkers Volkssport Club.

Awards:

Embroidered patch depicting Robert Wadlow, the tallest man in the world.

Refreshments:

Water will be available at the start and finish. Restrooms will be available at the start and finish.

POC:

Point of Contact is Leonard & Dee Wojtysiak lpw466@gmail.com 618-530-3211 or Trudy Duffman trudyduffman@yahoo.com 618-670-6920.

Sanction:

Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). IVV books, event and distance, are available at the start/finish for \$6 each. New Walker packets are available to those who wish to participate in IVV/AVA award programs for \$5 each.

Disclaimer:

The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make the event safe and enjoyable.

Directions: See back of brochure.**Special Programs:**

Bridges Spanning the USA, Take a Walk In a City Park, Underground Railroads, Walk the USA Street by Street, Walking the United States, and Walking the USA A – Z.

Websites: Illinois Trekkers Volkssport Club www.illinois-trekkers.org
AVA www.ava.org