



The Illinois Trekkers invite you to walk historic Red Bud. View the Opera House that once was home to the opera & now is home to the Bistro Restaurant & the Red Bud Museum. Beautiful homes & the beautiful & unique city hall along with several opportunities to see classic cars fill the streets of Red Bud. There is a classic service station with a wrecker too. Walkers will pass a drop box for flags that need to be retired. When enough flags are received, a special ceremony is held for proper burning of the flags. Cell phones can be donated to soldiers at the box. Help celebrate the Illinois Bicentennial by walking historic Red Bud. Walkers will have a chance to win a Bicentennial pin.



**What is a Volksmarch:** A Volksmarch is literally a “folks walk” or a walk for the people. It is a self-paced walk for all to enjoy. The purpose of a Volksmarch is to encourage physical fitness, promote fellowship and to enjoy the outdoors.

**START LOCATION:** Randolph County YMCA; 131 South Oak Street; Red Bud, IL 62278

**START TIME:** Start between 8:30 a.m. and 11:00 pm. Walk at your own pace. You must be finished by 3:00 p.m. YMCA closes at 3:00 pm.

**DISTANCE:** 5k and 10k walk will be offered. The first 5k loop is on sidewalks & city streets past many beautiful homes, the opera house & city hall. The second 5k loop includes more houses & a mile long walking trail in Lincoln Park passing the SWIC Red Bud campus. The walk is suitable for wheelchairs and strollers.

**TRAIL:** The trail is rated 1A and is on sidewalks and city streets.

**REGISTRATION:** Everyone is welcome to participate in this event for a fee of \$3. An adult must accompany children age 12 and under. All participants must check in at the registration table and receive a start card. The start card must be carried on the walk. Start Cards remain the property of the Illinois Trekkers and must be turned in at the finish point at the end of the walk. There is no refund for monies paid. Event will take place regardless of weather. Pets are welcome but must be kept on a leash and you must pick up after your pet.

**REFRESHMENTS:** Water and restrooms will be provided at the Start/Checkpoint/Finish.

**INFORMATION CONTACT:** The point of contact is Diane Prost, phone 256 527-3377, email [diaprost@sisna.com](mailto:diaprost@sisna.com)

AVA Website is [www.ava.org](http://www.ava.org)

Illinois Trekkers Website is [www.illinois-trekkers.org/](http://www.illinois-trekkers.org/)

**DISCLAIMER:** AVA and the sponsors of this event are not liable for accidents, thefts or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event.

**SPECIAL BOOKS:** Ice Cream Parlors; Take a Walk In a City Park; United States Post Offices & Walking the USA A – Z



**DIRECTIONS:** From Interstate 255 take Exit 6 to Columbia & State Route 3. Continue on State Route 3 through Columbia & Waterloo. At 4 way-stop in Red Bud turn right to stay on Route 3. After one block turn right on West 1<sup>st</sup> Street. Park in public parking lot or along city streets. From Interstate 64 take exit 12 State Route 159 toward Belleville. Continue on State Route 159 through Fairview Heights, Swansea, Belleville, Smithton & Hecker. At the 4 Way-stop in Red Bud continue straight on block. Turn right on West 1<sup>st</sup> Street. Park in public parking lot or along city streets.

Enter YMCA by Oak Street or Main Street (State Route 3) entrance.



# Historic Red Bud Walk

A Non-competitive 5k, 10k & 20k Walk Credit Only



Presented by Illinois Trekkers

**Saturday August 18, 2018**

AVA Sanction Number: MA18-111098

**AVA: America's Walking Club**



**SANCTIONED EVENT**

Eligible for credit toward IVV Achievement Awards