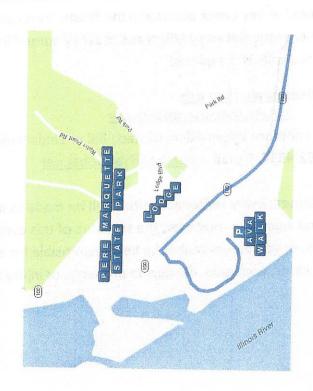
GATEWAY MILERS
1455 CASTLE CT.
EDWWARDSVILLE,IL,62025



Pere Marquette--WALK

Saturday, OCT. 13th 2018

Starting at the large riverside shelter of

Pere-Marquette State Park, Grafton, Illinois

Event -110581



10K Rated 2C- 5K and 10K Distance Rated 1A- 20K rated 2C Sponsored by: The Gateway Milers





What is a Volksmarch: A volksmarch is a leisurely walk through a scenic, historic, and/or interesting area over a clearly marked trail. The walk is a family oriented, noncompetitive walk done at your own pace. An achievement program is available to keep track of your accomplishments.

Pere Marquette State Park

Pere Marquette State Park is an 8000 acre park that is considered one of the most beautiful parks in the region. Louis Joliet and Pere Marquette first stopped at the location of the park in 1673 as part of their quest to find a route to the Pacific Ocean. In 1931 land was purchased for the State Park. In the 1930s the Civilian Conservation Corps built the awe—inspiring lodge with large rustic timbers and a mammoth stone fire place. Currently the lodge operates a hotel with 50 guest rooms and 22 stone cottages. In addition there is a fine restaurant open to the public. A visitor's center is also in the park which has a 3 dimensional map of the park and other exhibits.

Start Location: The start location will be at the large riverfront pavilion which is across the highway from the Pere Marquette main entrance and lodge. Parking is available at the start point.

Directions/Parking: From Interstate I270 and Route 3 (first entrance east of the river) Go north on Rt. 3 to Rt. 143, turn left on 143 at Wood River, IL. and continue to Alton, IL. At the large grain elevator turn left onto Rt. 100 and proceed approximately 21 miles through Grafton, IL. To Pere Marquette State Park. At the entrance to the park, turn left to the river and circle left to the large pavilion.

Registration: \$3.00 registration fee for all walkers. Event is open to the public. This event is sanctioned by the American Volkssport Association (AVA), AMERICA'S WALKING CLUB. This event counts toward acquisition of IVV/AVA achievement awards. There is no pre-

registration for this event. Dogs on a leash are allowed outdoors, but not in buildings.

Time: Start between 9AM and noon. You must be finished by 3PM.

Distance: A 5K (3.1 mile) and two 10K (6.2 mile) routes will be offered. The 20K will consist of both 10K routes. The 5K and one of the 10K trails will be on a flat surface that goes by the Visitor Center, Lodge and on a paved bike trail. These walks will be suitable for trail strollers and are rated 1A. There will be a more challenging 10km trail rated 2C that climbs up the bluffs and through the woods and is not suitable for strollers. Water and bathroom will be available at the start/finish point and in the lodge along the route.

Procedure: Each person must fill out a start card, and sign it before starting the walk. The start card should be carried with you and presented at any check points and the finish. Start cards remain the property of the Gateway Milers and must be turned in at the finish when the walk is completed.

Websites: www.ava.org

www.gatewaymilers.org

POC: For more information, contact: Bill or Linda Badger

618-692-4337, E-mail wbadger@sbcglobal.net

Disclaimer: Every reasonable effort will be made to make the event safe and enjoyable. However, the sponsors of this event, property owners, or volunteers cannot be held responsible for any lost or stolen items, accidents, damage to property, or injury at any time.