ILLINOIS TREKKERS FOOTNOTES

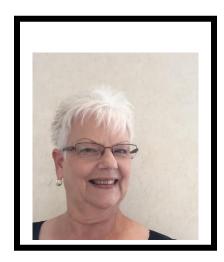
NO. 2019-02

February 2019

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A Message from our President



Mother Nature continued to toy with our walking plans during the month of February. We had some rainy days, snow and ice followed by 70 degrees with sunshine. Despite the "goofy" weather, dedicated walkers managed to keep trekkin' and walk at numerous Year-Round Events. Don't give up—it must get better.

As the Illinois Trekkers plan more traditional events, with the guidance of the Volkssport Committee, please remember our sister clubs have several traditional events coming up soon. Check the Illinois Trekkers Website www.illinois-trekkers.org for more information about these walks. Hope to see you on the trail.

Submitted by Trudy Duffman President, Illinois Trekkers Volkssport Club

Next Traditional Event

COMING SOON!!!

Keep on Trekkin'

Check the Illinois Trekkers website for all the scheduled walking events—www.illinois-trekkers.org.

3-Mile Thursday Evening Walks

3-Mile Thursday Evening Walks will register at 5:45pm and the walk will start promptly at 6:00pm. Please be on time.

April 11 O'Fallon Parks YRE
April 18 Glen Carbon YRE Library
April 25 EB YMCA YRE (Carlyle Ave)

Mid-Winter Soup Walk

The Mid-Winter Soup Walk was held on Saturday, February 23 in Freeburg, IL. The weather was a bit challenging as it poured rain, hailed and even rolled some thunder nearby. 28 brave walkers completed the event. Many stayed for soup, hot bread and dessert. The fellowship was wonderful. As the POC of the event I would like to thank everyone who helped mark the trail, set up for the walk, worked in the kitchen, served food, and helped pack up. A special thanks to everyone who brought desserts to the event. This is a busy event and the volunteers make it successful. Thank you one and all for your dedication to the Illinois Trekkers Volkssport Club. A wine and chocolate basket was donated by Trudy Duffman with proceeds going to St Joseph's Catholic Church (\$50.00). Ann Mattingly won the basket.

Submitted by Trudy Duffman

<u>Member Awards – TAW (March2019)</u>

Events

John Manfredi	50
Muriel Barber	500
Trudy Duffman	700
Trudy Duffman	750
Packy Botula	3200
Sue Botula	3200

Distance

Tom Stucky	4000 KM
Cindy Stucky	6000 KM
Bonnie Carlson	6500 KM
Diane Prost	11000 KM

FOOTNOTES NEWSLETTER

The Footnotes newsletter will be published monthly. This is your newsletter so everyone is encouraged to write an article or two to share with fellow walkers. Articles can be about new walks, health and fitness, dog tales from the trail, or other ideas. Send the articles to Trudy Duffman, trudyduffman@yahoo.com or bring to the monthly meetings prior to the next issue. Thank you for your support of the Illinois Trekkers.

WEBSITE

Please check our club website for times and places of Trekkin' Tuesdays, 3-Mile Thursdays, and Saturday group walks. The website is currently updated routinely by Diane Prost.

COME WALK WITH US!



Walkers heading out on the O'Fallon YRE City Park trail on Saturday, February 2, 2019.

Enjoying the trail at the Edwardsville Parks YRE. Nice to be outside for a change. Vickie decided to swim instead.





Marking the Soup Walk trail on a brisk morning.

Volunteers working the start/check point/finish table at the Soup Walk.





Wine Raffle Basket won by Ann Mattingly, Gateway Milers, at the Soup Walk. Congratulations Ann!

Beautiful day to walk in Columbia, IL on Tuesday, February 26, 2019.



2019 YREs

Belleville Downtown, Historic District & Richland Creek Greenway (Walk)

Balance Coffee and Tea, 732 S. Illinois Street, Belleville, IL 62220 POC: Susan Hodgson, 618-416-5533

East Belleville - YMCA (Walk/Bike)

YMCA, 2627 Carlyle Ave., East Belleville, IL 62221 **POC:** "Packy"/Susan Botula, 618-236-9521

Belleville - National Shrine of Our Lady of the Snows (Walk)

Shrine Motel, 451 S. De Mazenod Drive, Belleville, IL 62223 **POC:** Jackie McKay, 618-616-1330

Columbia – A Walk in Historic Columbia (Walk)

Café on the Abbey, 340 S. Main Street, Columbia, IL 62236 **POC:** Jackie McKay, 618-616-1330

Edwardsville – YMCA (Walk/Swim) A Walk to Edwardsville Parks

YMCA, 1200 Esic Drive, Edwardsville, IL 62025 **POC:** Vickie Ridgeway, 618-792-3881

Fairview Heights – St. Clair Square Mall (Walk)

Schnuck's, 625 Lincoln Highway, Fairview Heights IL 62208 **POC:** Trudy Duffman, 618-670-6920

Glen Carbon - Old Town (Walk)

Casey's General Store, 70 W. Main Street, Glen Carbon IL 62034 **POC:** Susan Hodgson, 618-416-5533

Maryville - CMT YMCA (Walk/Bike)

YMCA, 1 Town Center Drive, Maryville, IL 62062 **POC:** Vickie Ridgeway, 618-792-3881

O'Fallon – Walk in the Parks (Walk)

Schnuck's Market, 907 E. Hwy 50, O'Fallon, IL 62269 **POC:** Nikki Wilcoxen, 618-973-3825

Seasonal Walk (04/01/2019-12/31/2019) Mascoutah, IL

St. Louis Coffee World Coffee Shop, 200 East Main Street, Suite 200, Mascoutah, IL 62258 **POC:** Susan Jones, 951-818-6662