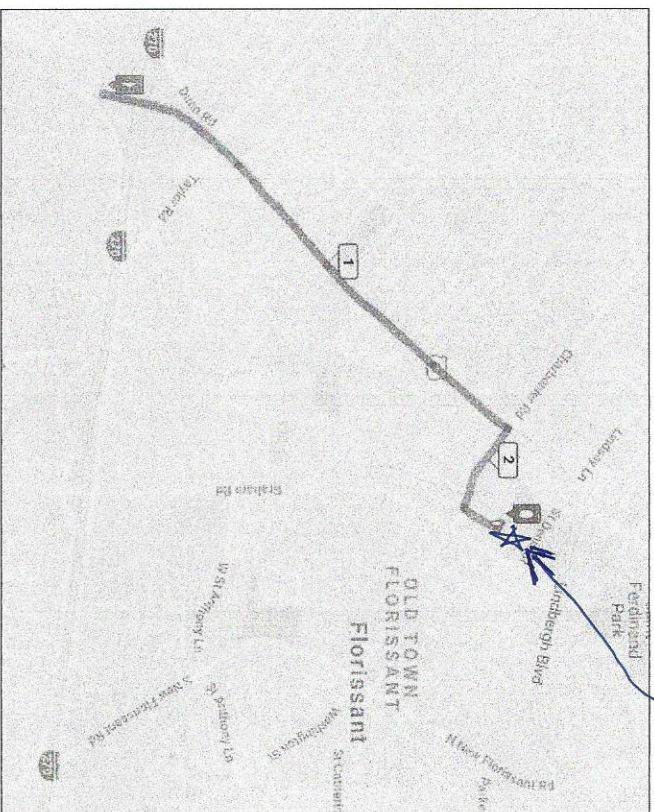


**START POINT-OLD TOWN PAGODA**



**DIRECTIONS:**

From I-270, exit 25, to north on Lindbergh Boulevard (Highway 67), approximately two miles to right on West Washington; left on N. St. Charles; left on Rue St. Francois to Old Town Pagoda

**St. Louis-Stuttgart VM Club**

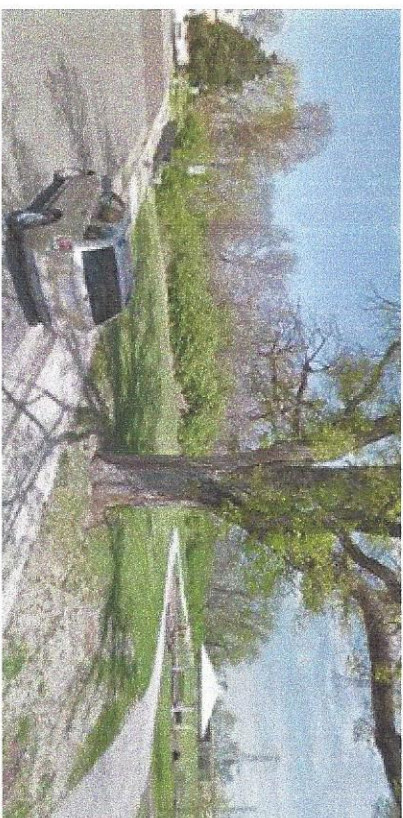
**10/5 Kilometer Recreational Walk**

**FLORISSANT VALLEY OF FLOWERS**

**Old Town Pagoda**

**55 Rue St. Francois**

**Florissant, Missouri 63031**



**Saturday, May 4, 2019**

**AVA-0355 / SC 19-113802**



**Eligible for credit toward  
10V Achievement Awards**

**What is a Volkswalk?** A Volkswalk is an individually paced walk on a designated course, open to all ages and levels of ability. The purpose of a Volkswalk is to encourage participation in the healthful hobby of walking and to provide opportunities to explore cities, neighborhoods, parks or forests. Family participation is encouraged (children under 12 must be accompanied by an adult). Volkswalk events can be free, but donations to cover club expenses are requested. Also, an optional incentive program is available which enables walkers to keep records of events and distances completed. To participate in this optional program, walkers purchase record books to record their events and distances. Completed books are sent to The American Volkssport Association for a certificate, pin, and a patch, recognizing the number of kilometers walked and/or number of events completed. Record books are available for sale at the registration table, where we will be available to answer any Volkssport questions.

**FLOISSANT VALLEY OF FLOWERS:** This three day weekend Festival truly has activities for everyone. Carnival games and exciting rides are featured at the Duchesne Home Association Grounds (formerly known as Knights of Columbus Fairgrounds). From a flower and plant sale to culturally diverse musical performances, baseball games, craft and flea market sales, and children's activities you can find a little of everything at the Eagan Center. Good food abounds at all Festival locations. The official "Big Parade" beginning at the Eagan Center highlights the weekend. The Festival culminates on Sunday with the crowning of the Valley of Flowers Queen and her Court at the Duchesne Home Association Pavilion (formerly called the Knights of Columbus Pavilion) following the grand parade.

**Eligibility** – This event is free and open to the public and family participation is encouraged. Children under 12 must be accompanied by an adult. There is a \$3.00 fee for IVV Credit.

**Start/finish – Old Town Pagoda, 55 Rue St. Francois, Participants must register** and may begin the walk starting at 8:00 AM until 12:00 Noon. Participants must be finished by 3:00 PM. Event will be held rain or shine.

**Trail** – The trail is paved with some gentle inclines (rate 1a). The trail consists of a 10-K and 5-K route. It will accommodate wheelchairs, strollers, etc.

**Award/Credit** – This event has no award. Patches from prior events will be available, at a small cost, to be earned as "B" awards. IVV credit is \$3.00. If neither award or IVV credit is desired, donations to cover club expenses for this walk would be greatly appreciated.

**Water** – will be available at the start/finish & at the check point.

**Pets** – Allowed, but must be properly leashed and under control at all times. Please clean up after your pets.

**Special Event Credit** –

**Safety First** – Every effort has been made to ensure the safety of our participants. The sponsors of this event cannot be held liable for any lost, stolen items, damage, accidents, or injury at any time. You will be asked to sign a Disclaimer of Liability Form at the time of registration.

**The St. Louis-Stuttgart VM Club**, Is also affiliated with the St. Louis-Stuttgart Sister Cities, Inc., a non-profit organization which maintains the friendship between St. Louis and her sister city, Stuttgart Germany, through an active schedule of educational, cultural and business exchanges. The SLSSC, the original sponsor of our Volkssporting events, introduced our citizens to an activity typically enjoyed in the country of our sister city.

For Additional Information –

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Harrison-b3752@sbcglobal.net

Visit these Volkssporting internet sites:

[www.sites.google.com/site/stlouisava/](http://www.sites.google.com/site/stlouisava/)

[www.ava.org](http://www.ava.org)

[www.ivv.org](http://www.ivv.org)

*St. Louis-Stuttgart Volksmarch Club, Inc.*

*6312 Lindenwood Ct #4*

*Saint Louis, MO 63109*