

World Bird Sanctuary Wish List

Animal Care Supplies:

- 9 volt, AA&AAA batteries
- UVB Compact fluorescent bulbs: 5.0 UVB
- Timothy hay
- Fiskars scissors or Fiskars kitchen shears
- Mille Rubber feeding pans (Walmart) 2, 4 QT or 3 GAL
- Wild bird seed
- Kitten & Cat canned food
(no fish, seafood, gravy or chunks please)

Cleaning Supplies:

- Laundry detergent
- Disposable Nitrile gloves (powder free, all sizes)
- Unscented bleach
- Listerine or Equate Mouthwash
- 55 gallon heavy trash bags
- Scrub sponges
- Paper towels
- Toilet paper

Medical Supplies:

- Triple-antibiotic ointment (Neosporin or similar)
- Hydrogen Peroxide/Isopropyl alcohol
- Sodium Chloride
- Adams flea and tick spray for cats and dogs
- Masking Tape/ Black Fanny pack

Please bring one item from the wish list to donate to the World Bird Sanctuary. This sanctuary is a 501c3 not for profit and has allowed us the privilege of using their property.
Please return the favor by donating 1 item and bring to our start table.

Ramble With the Raptors

November 2, 2019

Valley Park, Missouri



Let's Meet Zelda at the
World Bird Sanctuary

Distances: 5K & 10K Rating: 2B
EVENT: MA19-114214

SPONSORED BY: THE GATEWAY MILERS
And the WORLD BIRD SANCTUARY



Eligible for credit toward IVV Achievement Awards



Welcome to the World Bird Sanctuary. The sanctuary rests peacefully on 305 acres of Missouri hardwood forest, next door to Lone Elk County Park and the Chubb Trail. Large outdoor avian exhibits provide housing for a variety of World Bird Sanctuary's non-releasable birds. These large enclosures allow these magnificent birds a comfortable place to live out their lives. These enclosures provide exhibit space for a variety of species. You'll always see Bald Eagles, Red-Tailed Hawks, Peregrine Falcons, Eurasian Eagle Owls, Great-Horned Owls, Barred Owls, Barn Owls, White Pelicans, Thick-billed Parrots and Sand Hill Cranes. Keeper chats will be held throughout the walk.

Gateway Milers ask each walker to donate something from the World Bird Sanctuary Wish List on the back page of our brochure.

START LOCATION:

World Bird Sanctuary, 125 Bald Eagle Ridge Road, Valley Park, MO 63088

PARKING: Free parking in the sanctuary and adjacent parking lot.

TIME: Start time is between 9 a.m. and Noon. You must be finished by 3 p.m.

REGISTRATION: Fee is \$3 for all walkers (scouts \$6 includes patch) Scouts should contact POC before event to guarantee a patch. Event will take place regardless of weather. No refund will be given. Event is open to the public. This event counts toward acquisition of IVV achievement awards. An adult must accompany children under the age of 12. NO PETS ALLOWED FOR THE SAFETY OF THE BIRDS.

PROCEDURE: Every walker must fill out a start card and sign it before starting the walk. Carry this card with you on the walk. Start cards remain the property of the Gateway Milers and must be returned with payment when the walk is completed.

TRAIL: The 5K trail is entirely in the sanctuary on wooded paths considered easy to moderate. The 10K will be on Chubb trail, a St Louis County wooded trail considered moderate. Rated 2B. Routes will be marked with arrows and streamers.

AWARD: This is a "credit only" event. Walk Together patches will be available for \$3.00. Any youth may earn this award.

REFRESHMENTS: Water and restrooms available at the start/finish.

POC: Deb Kruep, debmarkkruep1@yahoo.com (618) 520-7476

SANCTION: Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). IVV books, event and distance, are available at the start/finish for \$6.00 each. New Walker packets are available for those that wish to participate in IVV/AVA award programs.

DISCLAIMER: The sponsors of this event cannot be held responsible for any lost or stolen items, accidents or injury at any time. Every reasonable effort will be made to make the event safe and enjoyable.

DIRECTIONS: From St Louis MO: Head I-44 south to EXIT 272 toward MO 141/Fenton/Valley Park. Merge onto N Highway Dr. Take the MO-141 N ramp toward Valley Park. Turn left onto Meramec St., Meramec St. becomes W Outer Rd. Turn right onto Lone Elk Park Rd. Turn right onto Bald Eagle Ridge Rd. World Bird Sanctuary will be on your right.

WEBSITES:

Gateway Milers --- www.gatewaymilers.org

AVA Headquarters ---- www.ava.org

World Bird Sanctuary--- www.worldbirdsantuary.org