The St. Louis-Stuttgart Volksmarch Club is a non-profit organization chartered by the state of Missouri and donations are not tax deductible.

Directions: I-70 in north St. Louis to exit 245B - West Florissant Rd. North one mile to the entrance. The Gate House is on your immediate left. Restrooms and snacks available at the start point.

WELCOME TO BELLEFONTAINE CEMETERY, the final resting place for some of St. Louis' most illustrious citizens including civic and corporate leaders, politicians and literary figures. The 330-acre cemetery is serene with scenic hills and many trees.

The Busch mausoleum (pictured) is of a Gothic style resembling a small church. The mausoleum was constructed in 1915 with walls of unpolished Missouri red granite and the roof of gray-green slate. The gates are constructed of iron with a hop pattern. The mausoleum contains the remains of Adolphus and Lily Busch.

Many other architecturally significant mausoleums and monuments are also found in the cemetery.

The cemetery is also a class II Arboretum and is home to over 5000 trees representing nearly 300 distinct varieties including 3 trees recognized as the largest in Missouri. This year the 5k trail will feature the Arboretum as well as some noteworthy and notorious residents

## BI-ANNUAL CEMETERY RECREATIONAL WALK

## 5 km (3.1 mile) & 10 km (6.2 mile) walk in HISTORIC BELLEFONTAINE CEMETERY and ARBORETUM



Saturday, October 19, 2019 AVA 355 AVA113922 Sponsored by ST. LOUIS-STUTTGART VOLKSMARCH CLUB

A St. Louis Walking Club

WHAT IS A VOLKSWALK ? A Volkswalk is an individually paced recreational walk on a designated course, open to all ages and levels of ability. The purpose of a volkswalk is to encourage participation in the healthful hobby of walking and to provide opportunities to explore cities, neighborhoods, parks or forests. Family participation is encouraged (children under 12 must be accompanied by an adult).

Volkswalk events are free, but donations to cover Club expenses are appreciated. Also, an optional incentive program is available which enables walkers to keep records of events and distances completed. To participate in this optional program, walkers purchase record books to record their events and distances. A fee of \$3.00 is charged. Completed books are sent to the American Volkssport Association for a certificate, pin, and a patch, recognizing the number of kilometers walked and/or number of events completed. Record books are available for sale at the Registration Table, where we will be available to answer any volkssport questions.

**WHEN / WHERE:** The Registration, Start/Finish Point is at the Gate House immediately inside the gates on the left. Parking is available in the cemetery. Do not park on lawns or green spaces! Registration starts at 9:00 AM and closes at 12 Noon. Walkers must return to the finish by 3:00 PM. Event will be held regard-less of weather conditions.

**TRAIL:** (rated 1) The trail consists of a 10 K and a 5K walk route and is all on paved surfaces with some hills and uneven roads. It is suitable for strollers and wheelchairs.

**AWARD/CREDIT:** The event has no award. I V V credit only is \$3.00. The walk is free (but you must register), if neither award or I V V credit is desired, but donations to cover club expenses for this walk would be very much appreciated.

**WATER / REFRESHMENTS:** Coffee and water will be available at Registration Start/Finish Point. Used coffee may be disposed of in the Gate House or Chapel.

**PETS:** Which are property leashed are permitted on the walk, but may not be permitted in businesses that are along the walk route.

**SPECIAL EVENT CREDIT:** Both the 5 and 10K loops of this walk qualify for **Walking the United States (50 States) and Walking the USA A - Z**.

**SAFETY FIRST:** Every effort has been made to ensure the safety of our participants. The sponsors of this event cannot be held liable for any lost, stolen items, damage, accidents, or injury at any time. You will be asked to sign a Disclaimer of Liability Form at time of registration.

ST. LOUIS.STUTTGART VOLKSMARCH CLUB is affiliated with ST. LOUIS-STUTTGART SISTER CITIES, INC., a non-profit organization which maintains the friendship between St. Louis and her sister city, Stuttgart in Germany, through an active schedule of educational, cultural and business exchanges. Its sponsorship of these volkssporting events introduces Americans to an activity typically enjoyed in the country of our sister city.

**FOR ADDITIONAL INFORMATION:** Contact Dave or Edna Lanahan at 636-379-4493, Email - WalkSTL@charter.net or Victor or Fran Shaff at 636-284-7874. Email - Victorjan@juno.com

> Visit these Volkssporting internet sites: www.ava.org www.ivv.org

www.saintlouiswalkers.com