

ILLINOIS TREKKERS FOOTNOTES

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September 2020

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A Message from our President



As I write this article the Illinois Governor has placed St Clair County on a watch list due to the elevated positivity rate of coronavirus cases. Dining in is closed for all restaurants and bars. Reservations are required for outside dining. There is a maximum of six people per table. You are encouraged to continue walking the local YRE's but keep distance between walkers on the trail. Face masks are required in all businesses and when one cannot socially distance of at least six feet. The Illinois Trekkers Board has determined that it is permissible to walk local events, keep a listing of events walked, distance, and date so you can stamp your IVV Record Books later. Remember at that time you will need to fill out a log sheet, start card and remittance for the walk (cash, check or Trekker Bucks or YRE coupons). There are still three events that do not have the start binders at the start point (Edwardsville, Maryville, and O'Fallon). Watch the Illinois Trekkers website www.illinois-trekkers.org and the Weekly News Alert for additional information.

Submitted by Trudy Duffman

President, Illinois Trekkers Volkssport Club

Membership Meeting

The September general membership meeting is scheduled for September 10, 2020 at the Senior Center, 7 Park Drive, Shiloh, IL 62269. Meeting 6:30pm. Mask required during the meeting. Hand sanitizer will be provided. No food or drink please. A special thank you to Shiloh for allowing us to meet in the Senior Center with the normal fee waived.

Keep on Trekkin'

3-Mile Thursday Evening Walks

3-Mile Thursday Evening Walks are currently being scheduled by Diane Prost. Check the calendar for locations. **Registration is 5:45pm. Start is 6:00pm. NOTE: October walks will be at the St Clair Square Mall. Registration will be at 5:15pm in the parking lot on the south side between Penney's and Dillard's. The walk will start at 5:30pm so we can finish before the Mall closes at 7:00pm. Do not go to Walgreen's to register.**



40th Challenge is Ready Keep Tabs on Your Walking!

This article appeared in the April 2020 Footnotes. It is be reprinted so everyone knows to keep accurate account of the events you complete, so when we do reconvene as a group, you can provide your completed event categories to Dee Wojtysiak.

The challenge brochure is available for any **CLUB MEMBER** that wants to participate. We have made it so everyone can be a winner! The brochure is on our website or one of the club officers will have copies.

We built in three levels to allow you to complete one level and receive a gift or complete the second and third levels to receive a gift for each level.

Level one – cap/visor

Level two – fanny pack

Level three – club shirt

Because this is an Illinois Trekker challenge the major part of the walks must be our club events but there are lines that can be stamped with any Greater STL event. So, Gateway, Lebanon Cruisers, Trekker, and STL Walkers stamps can be used. Even the Sunflower Sod Stompers event in St. Charles.

Events can be a bike, swim or walk so do the one you like the most to fill in a lot of the lines.

If you are one of our walkers that try to do 100 (or more) walks per year we even have that covered. After the first challenge brochure is filled start a second one and after each 20 events you will receive a free event coupon (much like last year with 19). Then start a third etc.

The idea is to enjoy yourself, get some exercise, and be reward all at the same time. **GO TREKKERS!**

Submitted by Leonard Wojtysiak

AVA Headquarters

The AVA is open on a limited staff during the week. To cut financial spending, the office is CLOSED on Fridays. If you need to contact them, do not forget it is important to keep the Mid-America Regional Director apprised of club or AVA issues. Bob has been very diligent about sending AVA updates and meeting information

to us. I try to ensure that everyone sees his latest information.

St Charles YRE Hotel is CLOSED!

The start point for the St Charles YRE, Comfort Inn & Suites, 1400 S. Fifth Street, is closed due to Covid-19. Corporate offices do not know anything about a reopening date! Unfortunately, the start box is inside the hotel. It is a beautiful walk and the restaurants are open for business. Most of the shops are slowly opening too. Please consider walking this event and mark your books in pencil. When the hotel reopens you can stamp your books and send appropriate fees to the Sunflower Sod Stompers in Topeka, KS.

St Clair Square Mall

The Mall is now open for business 11:00am – 7:00pm M – S and 12:00pm – 6:00pm Sunday Face masks are required, and social distancing is encouraged. THE MALL WILL ALLOW ENTRANCE 30 MINUTES PRIOR TO SCHEDULED OPENING TIMES. DO NOT ENTER THE MALL BEFORE THAT TIME, EVEN IF THE DOORS ARE UNLOCKED. YOU WILL BE ASKED TO LEAVE BY SECURITY PERSONNEL.

O'Fallon Parks YRE

The Schnuck's Customer Service area is currently closed in O'Fallon. Employees have other responsibilities in the store during this phase of the COVID-19 pandemic. Nikki Wilcoxon has the start binder. Contact her if you need to register and pay for events walked.

Historic Belleville YRE

A special thank you to Susan Hodgson for volunteering to be the POC for the Belleville Historic District YRE in 2021.

40th Anniversary Walk

The 40th Anniversary Walk is scheduled for Saturday, October 17 at Cahokia Mounds. The grounds are open, and the Interpretive Center is also open with limited visitors at one time. Anyone entering the center must wear a mask. Due to the COVID-19 concerns in the local area, the picnic has been cancelled. The club will have something special for each attendee. Mark your calendar to save the date!!!

We will need volunteers to work the start point, finish point, outside greeters helping maintain social distance of walkers, hand out cookies at the finish, etc. Work sheet will be available at October meeting.

Submitted by Trudy Duffman

ABOUT WALKING!

Memories of spring flowers and autumn trees
Big barns, old house green parks, and blue seas
Friendly conversations with shared laughter
Plentiful food and a after
Relaxing while watching the scenery go by
With more fun than money alone can buy
Adventure in exploring each new town
And enjoyment of nature before sundown

Author Unknown

Submitted by Leonard Wojtysiak

AVA's Vision: Increasingly engage Americans in lifelong walking and other noncompetitive physical fitness activities.

AVA's Mission: Promote and organize noncompetitive fitness activities that encourage lifelong fun, fitness, and friendship for all ages and abilities.



FOOTNOTES NEWSLETTER

The Footnotes newsletter will be published monthly. This is your newsletter so everyone is encouraged to write an article or two to share with fellow walkers. Articles can be about new walks, health and fitness, dog tales from the trail, or other ideas. Send the articles to Trudy Duffman, trudyduffman@yahoo.com or bring to the monthly meetings prior to the next issue. Thank you for your support of the Illinois Trekkers.

MILESTONES

John Manfredi	150 Events
Susan Botula	3300 Events
Packy Botula	3300 Events
Susan Botula	7500K Distance
Packy Botula	7500K Distance
Susan Botula	7500K Bike Distance
Packy Botula	7500K Bike Distance

WEBSITE

Please check our club website for times and places of Trekkin' Tuesdays, 3-Mile Thursdays, and Saturday group walks. The website is currently updated routinely by Diane Prost. Thank you, Diane, for doing a great job.

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YRE TOTALS

BELEVILLE HISTORIC DOWNTOWN

August 24 YTD 102

BE YMCA – Walkers

August 4 YTD 99

BE YMCA – Bikers

August 8 YTD 44

COLUMBIA

August 25 YTD 72

EDWARDSVILLE PARKS – Walkers

August 24 YTD 77

EDWARDSVILLE YMCA – Swimmers

August 4 YTD 19

GLEN CARBON HISTORIC

August 5 YTD 70

O’FALLON PARKS

August 9 YTD 127

MARYVILLE CMT YMCA – Walkers

August 11 YTD 77

MARYVILLE CMT YMCA – Bikers

August 4 YTD 25

SHRINE

August 24 YTD 113

ST CLAIR SQUARE MALL

August 3 YTD 46

2020 YREs

Belleville Downtown, Historic District & Richland Creek Greenway (Walk) OPEN

Balance Coffee and Tea, 732 S. Illinois Street, Belleville, IL 62220

POC: Susan Hodgson, 618-416-5533

East Belleville - YMCA (Walk/Bike) YMCA OPEN – BINDER AT THE DESK.

YMCA, 2627 Carlyle Ave., East Belleville, IL 62221

POC: “Packy”/Susan Botula, 618-236-9521

Belleville - National Shrine of Our Lady of the Snows (Walk) Guesthouse OPEN!

Shrine Motel, 451 S. De Mazenod Drive, Belleville, IL 62223

POC: Trudy Duffman, 618-670-6920

Columbia – A Walk in Historic Columbia (Walk) NEW TRAIL AND START POINT

Columbia Police Department, 1020 N. Main Street, Columbia, IL 62236

POC: Sue Bacon, 571-345-8301

Edwardsville – YMCA (Walk/Swim) YMCA OPEN LIMITED-POC has the binder!

A Walk to Edwardsville Parks

YMCA, 1200 Esic Drive, Edwardsville, IL 62025

POC: Vickie Ridgeway, 618-792-3881

Fairview Heights – St. Clair Square Mall (Walk) MALL OPEN-OBSERVE HOURS!

Walgreen’s, 6505 N. Illinois Street, Fairview Heights IL 62208

POC: Trudy Duffman, 618-670-6920

Glen Carbon – Old Town (Walk) OPEN

Casey’s General Store, 70 W. Main Street, Glen Carbon IL 62034

POC: Susan Hodgson, 618-416-5533

Maryville - CMT YMCA (Walk/Bike) YMCA OPEN MEMBERS ONLY-POC has the binder!

YMCA, 1 Town Center Drive, Maryville, IL 62062

POC: Vickie Ridgeway, 618-792-3881

O’Fallon – Walk in the Parks (Walk) Customer Service CLOSED-POC has binder!

Schnuck’s Market, 907 E. Hwy 50, O’Fallon, IL 62269

POC: Nikki Wilcoxon, 618-973-3825

Illinois Trekker Membership Meeting

August 13, 2020

1. **Call to Order:** 6:34pm per Trudy Duffman, President
2. **Special Guests:** None.
3. **New Members:** None.
4. **Secretary's Report:** Minutes for July were approved as written.
 - Nikki Wilcoxon made the motion & Vickie Ridgeway seconded it. Passed
5. **Treasurer's Report:** Report was approved pending audit.
 - Nikki Wilcoxon made the motion & Diane Prost seconded it. Passed
6. **Committee Reports:**
 - A. Volkssport Committee- Diane Prost, POC
 - Braeutigam Walk – August 15
 - Diane asked that we make sure we have our road signs out.
 - 40th Celebration at Cahokia Mounds – October 17
 - We discussed cancelling the picnic, but not the walk, because of the virus.
 - Susan Jones come up with a gift for each club members at this event. She is donating them. Thank you, Susan!
 - Way of Lights – Nov 23
 - Sue Bacon made a motion to move forward on having the walk without inviting the girl scouts. Leonard Wojtysiak seconded the motion. Passed
7. **Old Business**
 - A. All YREs have been sanctioned.
 - B. Waiting to see if Lebanon Cedar Cruisers are going to continue as a club. If not, we want to make sure the Springfield & Jefferson Barracks YRE walks continue.
8. **New Business:**
 - A. YREs.
 - 2021 Glen Carbon YRE – Leonard & Dee Wojtysiak volunteered to be POCs.
 - O'Fallon YRE – Nikki has the binder.
 - Shrine binder is at the Guesthouse. Must wear a mask inside the Guesthouse.
 - B. Belt extensions are available for our 40th fanny pack.
9. **President's Report**
 - A. None.
10. **Items from the Floor:**
 - A. Tuesday & Saturday morning walks start time moved to 9 AM. Register at 8:45 AM.
 - B. Thursday evening walk start time moved to 6 PM. Register at 5:45 PM.
11. **Attendance Drawing:** Leonard Wojtysiak won the door prize.
12. **Next Meeting:** September 10, 2020, meeting will be held at Shiloh Senior Center at 6:30pm.
13. Meeting adjourned at 7:37pm.