

ILLINOIS TREKKERS FOOTNOTES

NO. 2020-Vol 10

December 2020

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A Message from our President



As I write this article the Illinois Governor has NOT lifted the restrictions placed on St Clair County due to the elevated positivity rate of coronavirus cases. Dining-in is closed for all restaurants and bars. Reservations are required for outside dining. There is a maximum of six people per table. You are encouraged to continue walking the local YRE's but keep distance between walkers on the trail. Face masks are required in all businesses and when one cannot socially distance of at least six feet. When walking in groups if you choose not to wear a mask, please stay at least six feet from the nearest walker. There are still three events that do not have the start binders at the start point (Edwardsville, Maryville, and O'Fallon). Special requirements to walk the Historic Downtown Belleville YRE (See article in this addition). The club will be adding Online Start Box options soon. This will require registering on the computer and paying with PayPal. You will have to print your stamp requirements to cut and paste into the respective IVV Record Books. Watch the Illinois Trekkers website www.illinois-trekkers.org and the Weekly News Alert for additional information.

*Submitted by Trudy Duffman
President, Illinois Trekkers Volkssport Club*

Membership Meeting

The January general membership meeting is scheduled for January 14, 2021 at the Senior Center, 7 Park Drive, Shiloh, IL 62269. Meeting 6:30pm. Mask required during the meeting. Hand sanitizer will be provided. No food or drink please. A special thank you to Shiloh for allowing us to meet in the Senior Center with the normal fee waived.

Keep on Trekkin'



Still time to complete 40th Challenge!

This article appeared in the April 2020 Footnotes. It is be reprinted so everyone knows to keep accurate account of the events you complete, so when we do reconvene as a group, you can provide your completed event categories to Dee Wojtysiak.

The challenge brochure is available for any **CLUB MEMBER** that wants to participate. We have made it so everyone can be a winner! The brochure is on our website or one of the club officers will have copies.

We built in three levels to allow you to complete one level and receive a gift or complete the second and third levels to receive a gift for each level.

Level one – cap/visor

Level two – fanny pack

Level three – club shirt

Because this is an Illinois Trekker challenge the major part of the walks must be our club events but there are lines that can be stamped with any Greater STL event. So, Gateway, Lebanon Cruisers, Trekker, and STL Walkers stamps can be used. Even the Sunflower Sod Stompers event in St. Charles.

Events can be a bike, swim or walk so do the one you like the most to fill in a lot of the lines.

If you are one of our walkers that try to do 100 (or more) walks per year we even have that covered. After the first challenge brochure is filled start a second one and after each 20 events you will receive a free event coupon (much like last year with 19). Then start a third etc.

The idea is to enjoy yourself, get some exercise, and be rewarded all at the same time. **GO TREKKERS!**

Submitted by Leonard Wojtysiak

CLUB OFFICERS 2021

The officers for the Illinois Trekkers will remain the same for 2021. Installation at the Christmas walk at the Belleville East YMCA on Saturday.

The Way of Lights Walk



The Illinois Trekkers had their annual traditional Way of Lights Walk on Monday, November 23. This year was different due to the pandemic and the Girl Scout program was not part of the walk. The Shrine of Our Lady of the Snows added many lights to their display to make the walk beautiful and enjoyable for everyone. Volunteers had to register walkers at the start table and stamp books at the finish table outside due to the restrictions in place. Thank you to all the volunteers who became very cold sitting outside. A special thank you to Amanda Shore from the Shrine Visitor Center who helped coordinate the walk with the Illinois Trekkers. Amada kept updating arrangements for the walk as restrictions changed for the pandemic. 67 walkers walked the 5k or 10k route and we received many positive comments. Thank you to everyone who walked and all the volunteers who helped make the walk a success!

Submitted by Diane Prost, Event POC

A special thank you to Diane Prost for coordinating this wonderful experience for so many people to enjoy. It took many hours of dedication to make it happen, but as usual, she does not give up easily. From all 67 participants we thank you Diane.

AVA Headquarters

The AVA Headquarters is relocating to two different buildings soon. Members are requested not to send any IVV Record Books to them for processing between December 10, 2020 and January 10, 2021. Stay tuned for a new address and physical location of the headquarters.

AVA Headquarters

The AVA is open on a limited staff during the week. To cut financial spending, the office is CLOSED on Fridays. If you need to contact them, do not forget it is important to keep the Mid-America Regional Director apprised of club or AVA issues. Bob has been very diligent about sending AVA updates and meeting information to us. I try to ensure that everyone sees his latest information.

WALK START LOCATION UPDATES

St Charles YRE NEW LOCATION

The start point for the St Charles YRE is now relocated to the **Best Western Plus the Charles, 1425 S. 5th Street, St Charles, MO**. Plan to walk this great event. Walkers will register and then drive to the Lewis & Clark Boathouse and Museum Parking Lot, 1050 S. Riverside Drive to start the walk. (Address correction!)

St Clair Square Mall (Updated Hours)

The Mall is now open for business 11:00am – 8:00pm M – S and 11:00am – 6:00pm Sunday. Face masks are required, and social distancing is encouraged. THE MALL WILL ALLOW ENTRANCE 30 MINUTES PRIOR TO SCHEDULED OPENING TIMES. DO NOT ENTER THE MALL BEFORE THAT TIME, EVEN IF THE DOORS ARE UNLOCKED.

YOU WILL BE ASKED TO LEAVE BY SECURITY PERSONNEL.

O’Fallon Parks YRE

The Schnuck’s Customer Service area is currently closed in O’Fallon. Employees have other responsibilities in the store during this phase of the COVID-19 pandemic. Nikki Wilcoxon has the start binder. Contact her if you need to register and pay for events walked.

Historic Downtown Belleville YRE

The Historic Downtown Belleville YRE is available and ready for you to enjoy. Come check out downtown Belleville for the beauty of the holidays. When walking this event, one must call the following number so a staff member of the Balance Coffee and Tea, 732 S. Illinois Street, Belleville, IL can bring the start binder to you in the parking lot—618-641-9900. You will need to call the number again when finished registering so a staff member can retrieve the binder from you. Please consider purchasing a drink and/or food from the drive thru after you complete your walk as a “thank you” for allowing us to continue to walk in Belleville during these trying times. This will also help the coffee shop financially. For additional information contact Susan Hodgson at 618-416-5533.

MILESTONES!

John Manfredi	175 Events
Diane Gebhardt	700 Events
Diane Prost	1400 Events
Diane Prost	1450 Events
Diane Prost	1500 Events

CONGRATULATIONS!!!

FOOTNOTES NEWSLETTER

The Footnotes Newsletter is published monthly. This is your newsletter, so everyone is encouraged to write an article or two to share with fellow walkers. Articles can be about new walks, health and fitness, dog tales from the trail, or other ideas. Send the articles to Trudy Duffman, trudyduffman@yahoo.com or bring to the monthly meetings prior to the next issue. Thank you for your support of the Illinois Trekkers.

WEBSITE

Please check our club website for times and places of Trekkin' Tuesdays, 3-Mile Thursdays, and Saturday group walks. The website is currently updated routinely by Diane Prost. Thank you, Diane, for doing a great job.

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AVA's Vision: Increasingly engage Americans in lifelong walking and other noncompetitive physical fitness activities.

AVA's Mission: Promote and organize noncompetitive fitness activities that encourage lifelong fun, fitness, and friendship for all ages and abilities.



YRE TOTALS

BELEVILLE HISTORIC DOWNTOWN

November 10 YTD 150

BE YMCA – Walkers

November 9 YTD 125

BE YMCA – Bikers

November 0 YTD 50

COLUMBIA

November 23 YTD 126

EDWARDSVILLE PARKS – Walkers

November 0 YTD 92

EDWARDSVILLE YMCA – Swimmers

November 8 YTD 29

GLEN CARBON HISTORIC

November 23 YTD 111

O’FALLON PARKS

November 19 YTD 164

MARYVILLE CMT YMCA – Walkers

November 18 YTD 107

MARYVILLE CMT YMCA – Bikers

November 0 YTD 28

SHRINE

November 3 YTD 150

ST CLAIR SQUARE MALL

November 7 YTD 81

2020 YREs

Belleville Downtown, Historic District & Richland Creek Greenway (Walk) OPEN – *CALL 618-641-9900 TO HAVE STAFF BRING THE START BINDER TO THE PARKING LOT!**

Balance Coffee and Tea, 732 S. Illinois Street, Belleville, IL 62220

POC: Susan Hodgson, 618-416-5533

East Belleville - YMCA (Walk/Bike) YMCA OPEN – BINDER AT THE DESK.

YMCA, 2627 Carlyle Ave., East Belleville, IL 62221

POC: “Packy”/Susan Botula, 618-236-9521

Belleville - National Shrine of Our Lady of the Snows (Walk) Guesthouse OPEN!

Shrine Motel, 451 S. De Mazenod Drive, Belleville, IL 62223

POC: Trudy Duffman, 618-670-6920

Columbia – A Walk in Historic Columbia (Walk) NEW TRAIL AND START POINT

Columbia Police Department, 1020 N. Main Street, Columbia, IL 62236

POC: Sue Bacon, 571-345-8301

Edwardsville – YMCA (Walk/Swim) YMCA OPEN LIMITED-POC has the binder!

A Walk to Edwardsville Parks

YMCA, 1200 Esic Drive, Edwardsville, IL 62025

POC: Vickie Ridgeway, 618-792-3881

Fairview Heights – St. Clair Square Mall (Walk) MALL OPEN-OBSERVE HOURS!

Walgreen’s, 6505 N. Illinois Street, Fairview Heights IL 62208

POC: Trudy Duffman, 618-670-6920

Glen Carbon – Old Town (Walk) OPEN

Casey’s General Store, 70 W. Main Street, Glen Carbon IL 62034

POC: Susan Hodgson, 618-416-5533

Jefferson Barracks – Lemay, MO (St Louis) Walk – OPEN

Walgreens, 2700 Telegraph Road, Lemay, MO 63125

POC: Sue Bacon, 571-345-8301

Maryville - CMT YMCA (Walk/Bike) YMCA OPEN MEMBERS ONLY-POC has the binder!

YMCA, 1 Town Center Drive, Maryville, IL 62062

POC: Vickie Ridgeway, 618-792-3881

O’Fallon – Walk in the Parks (Walk) Customer Service CLOSED-POC has binder!

Schnuck’s Market, 907 E. Hwy 50, O’Fallon, IL 62269

POC: Nikki Wilcoxon, 618-973-3825

Springfield, IL – Capitol Walk – OPEN

Carpenter Street Hotel, 525 N. 6th Street, Springfield, IL 62702

POC: Dee & Leonard Wojtysiak, 618-530-3325

Illinois Trekker Membership Meeting

November 12, 2020

1. **Call to Order:** 6:45pm per Trudy Duffman, President
2. **Special Guests:** None.
3. **New Member:** None.
4. **Secretary's Report:** Minutes for October were approved as written.
 - A. Genine Perschbacher made the motion & Vickie Ridgeway seconded it. Passed
5. **Treasurer's Report:** Report was approved pending audit.
 - A. Muriel Barber made the motion & Sue Bacon seconded it. Passed
6. **Events:**
 - + 40th Celebration at Cahokia Mounds – October 17
 - 70 walkers attended.
 - Bob Buzolich (Mid-America Regional Director presented, our club, AVA's 40th Certificate.
 - Four walkers signed up as new members.
 - + Way of Lights Walk – Diane Prost is coordinating this massive undertaking.
 - Motion was made to donate to the Shrine based on the number of walkers.
Diane Prost made the motion & Dee Wojtysiak seconded it. Passed.
 - + Club Christmas Walk will be at Belleville East YMCA – 5 Dec.
 - + Wreaths Across America at Jefferson Barracks National Cemetery – 19 Dec.
 - + New Year's Eve Walk will be at Balance Coffee & Tea – 31 Dec.
 - + Highland Walk – 8 May 2021.
 - + Clinton Hills Walk – 18 Sept 2021.
 - + Lebanon Walk – 2 Oct 2021.
 - + Shiloh Walk – 16 Oct 2021.
 - + Mascoutah Walk – 31 Dec 2021
7. **Old Business**
 - A. Nominations for 2021 club officers were made as follows:
 - President Trudy Duffman
 - Vice President Nikki Wilcoxon
 - Secretary Leonard Wojtysiak
 - Treasurer Dee Wojtysiak
 - Slate of officers passed.
8. **New Business:**
 - A. MA-RD zoom meeting will be held 15 Nov at 7PM. Discuss changes to AVA by-laws.
 - B. Dee Wojtysiak was presented with Meritorious Service Award.
 - C. Diane Prost was presented with Meritorious Service Award.
 - D. Leonard read the AVA's 40th Certificate for club members that were not present when it was presented.
9. **President's Report**
 - A. Need club officers for next year. New blood is always good, so please step up and take on one of the four positions available. The current officers would appreciate a break.
10. **Items from the Floor:**
 - Received a card from DeAnne Brown thanking Sue Bacon and Susan Jones for the 40th club plaques that they made for each club member/family.
11. **Attendance Drawing:** Sue Bacon won the door prize.
12. **Next Meeting:** No official meeting in December, only the Christmas walk. The next meeting will be January 14, 2021, meeting will be held at Shiloh Senior Center at 6:30pm.
13. Meeting adjourned at 7:53pm.