

# ILLINOIS TREKKERS FOOTNOTES

NO. 2021-Vol 1

January 2021



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## A Message from our President



As I write this article the Illinois Governor has NOT lifted the restrictions placed on St Clair County due to the elevated positivity rate of coronavirus cases. Dining-in is closed for all restaurants and bars. Reservations are required for outside dining. There is a maximum of six people per table. You are encouraged to continue walking the local YRE's but keep distance between walkers on the trail. Face masks are required in all businesses and when one cannot socially distance of at least six feet. When walking in groups if you choose not to wear a mask, please stay at least six feet from the nearest walker. There are still three events that do not have the start binders at the start point (Edwardsville, Maryville, and O'Fallon). Special requirements to walk the Historic Downtown Belleville YRE (See article in this addition). The club will be adding Online Start Box options soon. This will require registering on the computer and paying with PayPal. You will not be able to use Trekker Bucks or Trekker YRE Coupons. You will have to print your stamp requirements to cut and paste into the respective IVV Record Books. Watch the Illinois Trekkers website [www.illinois-trekkers.org](http://www.illinois-trekkers.org) and the Weekly News Alert for additional information.

*Submitted by Trudy Duffman  
President, Illinois Trekkers Volkssport Club*

## Membership Meeting

**The January general membership meeting is scheduled for January 14, 2021 at the Senior Center, 7 Park Drive, Shiloh, IL 62269. Meeting 6:30pm. Mask required during the meeting. Hand sanitizer will be provided. No food or drink please. A special thank you to Shiloh for allowing us to meet in the Senior Center with the normal fee waived.**

## Keep on Trekkin'

### Illinois Trekkers Club Officers Installation



## Christmas Walk/Game

Nikki Wilcoxon chaired a fantastic Christmas walk at the Belleville East YMCA. Following registration and the installation of the 2021 club officers, she led a very intriguing game for all to play. She made everyone think and get the brain juices working prior to walking. Several walkers were lucky prize winners for guessing the most correct answers. Nikki is incredibly talented when it comes to Christmas parties even during a coronavirus pandemic. Thank you, Nikki, for a fun morning. We even got a group photo of the walkers prior to the event. There was a total of 19 walkers.



### AVA Headquarters

The AVA Headquarters has relocated. The new address is: [American Volkssport Association, 1008 S. Alamo Street, San Antonio, TX 78210.](#) Members are requested not to send any IVV Record Books to them for processing between December 10, 2020 and January 10, 2021. Be sure to use this address in the future if sending IVV Record Books or other correspondence.

### AVA Headquarters

The AVA is open on a limited staff during the week. To cut financial spending, the office is CLOSED on Fridays. If you need to contact them, do not forget it is important to keep the Mid-America Regional Director apprised of club or AVA issues. Bob has been very diligent about sending AVA updates and meeting information

to us. I try to ensure that everyone sees his latest information.

## WALK START LOCATION UPDATES

### St Charles YRE NEW LOCATION

The start point for the St Charles YRE is now re-located to the **Best Western Plus the Charles, 1425 S. 5<sup>th</sup> Street, St Charles, MO.** Plan to walk this great event. Walkers will register and then drive to the Lewis & Clark Boathouse and Museum Parking Lot, 1050 S. Riverside Drive to start the walk. (Address correction!)

### St Clair Square Mall (Updated Hours)

The Mall is now open for business 11:00am – 8:00pm M – S and 11:00am – 6:00pm Sunday. Face masks are required, and social distancing is encouraged. **THE MALL WILL ALLOW ENTRANCE 30 MINUTES PRIOR TO SCHEDULED OPENING TIMES. DO NOT ENTER THE MALL BEFORE THAT TIME, EVEN IF THE DOORS ARE UNLOCKED.**

**YOU WILL BE ASKED TO LEAVE BY SECURITY PERSONNEL.**

### O'Fallon Parks YRE

The Schnuck's Customer Service area is currently closed in O'Fallon. Employees have other responsibilities in the store during this phase of the COVID-19 pandemic. Nikki Wilcoxon has the start binder. Contact her if you need to register and pay for events walked.

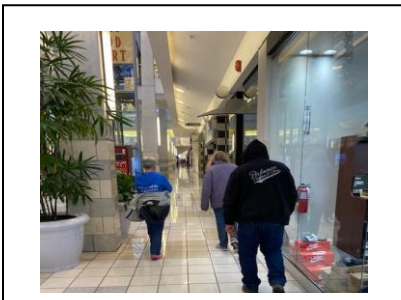
**New Article Monthly**  
Next month we will feature one club member telling why they enjoy volksmarching. Looking for volunteers!

## Historic Downtown Belleville YRE

The Historic Downtown Belleville YRE is available and ready for you to enjoy. Come check out downtown Belleville for the beauty of the holidays. When walking this event, one must call the following number so a staff member of the Balance Coffee and Tea, 732 S. Illinois Street, Belleville, IL can bring the start binder to you in the parking lot—618-641-9900. You will need to call the number again when finished registering so a staff member can retrieve the binder from you. Please consider purchasing a drink and/or food from the drive thru after you complete your walk as a “thank you” for allowing us to continue to walk in Belleville during these trying times. This will also help the coffee shop financially. For additional information contact Susan Hodgson at 618-416-5533.

### 1<sup>st</sup> Walk of 2021 at the St Clair Square Mall

Saturday, January 2, 2021



## CONGRATULATIONS!!!

**AVA's Vision:** Increasingly engage Americans in lifelong walking and other noncompetitive physical fitness activities.

**AVA's Mission:** Promote and organize noncompetitive fitness activities that encourage lifelong fun, fitness, and friendship for all ages and abilities.

**The Illinois Trekkers really logged the miles in 2020 despite the pandemic. A special thank you to Diane Prost for leading so many events during the year. Exercise, fresh air, and fun is good medicine when so many people are ill right now. 2021 looks promising. Be safe and keep walking.**

## FOOTNOTES NEWSLETTER

The Footnotes Newsletter is published monthly. This is your newsletter, so everyone is encouraged to write an article or two to share with fellow walkers. Articles can be about new walks, health and fitness, dog tales from the trail, or other ideas. Send the articles to Trudy Duffman, [trudyduffman@yahoo.com](mailto:trudyduffman@yahoo.com) or bring to the monthly meetings prior to the next issue. Thank you for your support of the Illinois Trekkers.

## WEBSITE

Please check our club website for times and places of Trekin' Tuesdays, 3-Mile Thursdays, and Saturday group walks. The website is currently updated routinely by Diane Prost. Thank you, Diane, for doing a great job.

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## YRE TOTALS

### BELEVILLE HISTORIC DOWNTOWN

December 23 YTD 173

### BE YMCA – Walkers

December 21 YTD 146

### BE YMCA – Bikers

December 0 YTD 50

### COLUMBIA

December 7 YTD 133

### EDWARDSVILLE PARKS – Walkers

December 6 YTD 98

### EDWARDSVILLE YMCA – Swimmers

December 0 YTD 29

### GLEN CARBON HISTORIC

December 7 YTD 118

### O’FALLON PARKS

December 9 YTD 173

### MARYVILLE CMT YMCA – Walkers

December 8 YTD 115

### SHRINE

December 10 YTD 160

### ST CLAIR SQUARE MALL

December 18 YTD 99

### New YRE’s in December

JEFFERSON BARRACKS ST LOUIS

### SPRINGFIELD IL

**2020 YREs**

**Belleville Downtown, Historic District & Richland Creek Greenway (Walk) OPEN – \*\*\*CALL 618-641-9900 TO HAVE STAFF BRING THE START BINDER TO THE PARKING LOT!**

Balance Coffee and Tea, 732 S. Illinois Street, Belleville, IL 62220  
POC: Susan Hodgson, 618-416-5533

**East Belleville - YMCA (Walk/Bike) YMCA OPEN – BINDER AT THE DESK.**

YMCA, 2627 Carlyle Ave., East Belleville, IL 62221  
POC: “Packy”/Susan Botula, 618-236-9521

**Belleville - National Shrine of Our Lady of the Snows (Walk) Guesthouse OPEN!**

Shrine Motel, 451 S. De Mazenod Drive, Belleville, IL 62223  
POC: Trudy Duffman, 618-670-6920

**Columbia – A Walk in Historic Columbia (Walk) NEW TRAIL AND START POINT**

Columbia Police Department, 1020 N. Main Street, Columbia, IL 62236  
POC: Sue Bacon, 571-345-8301

**Edwardsville – YMCA (Walk/Swim) YMCA OPEN LIMITED-POC has the binder!**

**A Walk to Edwardsville Parks**  
YMCA, 1200 Esic Drive, Edwardsville, IL 62025  
POC: Vickie Ridgeway, 618-792-3881

**Fairview Heights – St. Clair Square Mall (Walk) MALL OPEN-OBSERVE HOURS!**

**Walgreen’s, 6505 N. Illinois Street, Fairview Heights IL 62208**  
POC: Trudy Duffman, 618-670-6920

**Glen Carbon – Old Town (Walk) OPEN**

Casey’s General Store, 70 W. Main Street, Glen Carbon IL 62034  
POC: Dee & Leonard Wojtysiak, 618-530-3325

**Jefferson Barracks – Lemay, MO (St Louis) Walk – OPEN**

Walgreens, 2700 Telegraph Road, Lemay, MO 63125  
POC: Sue Bacon, 571-345-8301

**Maryville - CMT YMCA (Walk/Bike) YMCA OPEN MEMBERS ONLY-POC has the binder!**

YMCA, 1 Town Center Drive, Maryville, IL 62062  
POC: Vickie Ridgeway, 618-792-3881

**O’Fallon – Walk in the Parks (Walk) Customer Service CLOSED-POC has binder!**

Schnuck’s Market, 907 E. Hwy 50, O’Fallon, IL 62269  
POC: Nikki Wilcoxon, 618-973-3825

**Springfield, IL – Capitol Walk – OPEN**

Carpenter Street Hotel, 525 N. 6<sup>th</sup> Street, Springfield, IL 62702  
POC: Dee & Leonard Wojtysiak, 618-530-3325

