



A WALK IN LEBANON

Lebanon, Illinois

Saturday, October 2, 2021



One of the oldest towns in Illinois!



Mermaid House Inn – Built 1830



McKendree University – 1828

5K, 10K, & 20K Kilometer Distances

Start: 8:30 am – 11:30 am Finish: By 2:30 pm

Trail Rating: 1A

EVENT: MA2021-119006

Special Programs: “Rockin’ Around the Clock”

“Walking the USA A-Z”

HOSTED BY:

ILLINOIS TREKKERS VOLKSSPORT CLUB



“Secret Garden”



tree-lined streets



Clock - US50 & IL4



WELCOME TO LEBANON, ILLINOIS! The Illinois Trekkers invite you to “**Come Walk With Us**” along Lebanon’s Belleville, St. Louis, Madison, Main and Center Streets to see a variety of architectural styles from Greek Revival, Gothic, Italianate, English Country, Queen Anne, Georgian and Southern Colonial. You will enjoy walking through the McKendree University campus. McKendree was founded in 1828 and is the oldest college or university in Illinois. Be on the look-out for the Secret Garden and the Mermaid House Inn. After walking be sure to enjoy the Annual Fall Festival and all the wonderful eating establishments in Lebanon, Illinois.

WHAT IS A VOLKSMARCH: A volksmarch is a leisurely walk through a scenic, historic, and/or interesting area over a clearly marked trail. The event is a family oriented, noncompetitive walk done at your own pace. An achievement program is available to keep track of your accomplishments.

LOCATION: The Lebanon, Illinois Visitor Center is located at 221 St. Louis Street, Lebanon, IL 62249. **PARKING:** Parking is available along city streets where designated.

START/FINISH: Start between 8:30 am and 11:30 am; finish by 2:30 pm. Walk at your own pace and pleasure. Event will take place regardless of weather. Restrooms are available at the start point and on the trail.

DISTANCE: There will be two 5k trails. Trails are all on sidewalks or paved streets. Trail is suitable for strollers and wheelchairs but some difficulty may be encountered on the hills.

REGISTRATION: The fee is \$3 for all walkers and is open to everyone -- all ages are welcome. An adult must accompany children under the age of 12. There is no pre-registration for this event and **no refunds**. Pets are welcome but must be kept on a leash and it is your responsibility to clean up after your pet(s). Only service animals allowed in buildings.

SANCTION: The American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV), sanctions this event. We remind you to bring both IVV books (event and distance). IVV books are available at the start/finish for \$6.00 each.

AWARDS: IVV Credit only

PROCEDURE: At the start, get a start card and fill it out. Carry this card with you on the walk and present it at the end of your walk. . Start cards remain the property of the Illinois Trekkers and must be turned in at the finish point when the walk is completed.

REFRESHMENTS: Water will be available for purchase at the Start/Finish in the Visitor Center. There are many wonderful eating establishments in and around Lebanon to try after your walk.

WEBSITES: www.ava.org
www.illinois-trekkers.org

DIRECTIONS: Located at the junction of US 50 and IL Route 4.

- US 50 can be reached by I-64 if coming from the west.
- IL 4 can be reached by US 40 and I-70 from the north.
- IL 4 can be reached by I-64 from the south

FOR MORE INFORMATION CONTACT:

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DISCLAIMER: The sponsors of this event are not liable for accidents, injury, lost or stolen items, and/or material damage. Every effort will be made by the sponsors to make this a safe, enjoyable and memorable event