

## WEBSITES

St. Louis Walkers---SaintLouisWalkers.com  
American Volkssport Association---AVA.org

### AVA COVID-19 GUIDELINES

**Masks are not required during registration or during the walk.**

**SANCTION:** Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (AKA as the "IVV"). This event counts toward the acquisition of IVV Achievement Awards. Bring both IVV books (event and distance). IVV books are available at the start/finish for \$6 each.

**DISCLAIMER:** AVA and the sponsors of this event are not liable for accidents, thefts, and/or material damage. Every effort will be made by the sponsors to make the event safe and enjoyable.



**We Welcome Everyone On Our Walks**



## FEE FEE GREENWAY 5K/10K WALK

Saturday, October 8, 2022

Fee Fee Greenway, Maryland Heights, MO 63043



Rating: 5K/10K = 1A

SANCTION NUMBER : 121677-2022

Sponsored by: Saint Louis Walkers

### FEE FEE GREENWAY

The Fee Fee Greenway runs from the Aquaport at 2344 McKelvey Road in Maryland Heights, MO through the McKelvey Woods Nature Park to Creve Coeur Memorial Park. Initially, the greenway parallels Fee Fee Creek and the Central Midland Railroad tracks. It eventually passes by the Wetland Wonders and continues west ending at Creve Coeur Memorial Park. Fee Fee Creek got its name during the late 18<sup>th</sup> Century. A Frenchman moved to the banks of the creek to build a farm. His friends called him Fifi (French for "Sonny"). Villagers in the area began to call the creek by its current name: Fee Fee Creek.

### **5K WALK**

The 5K walk is an Out and Back (OAB) starting at the entrance to the Aquaport Water Park in Maryland Heights, MO. From the starting point, the walk heads west a short distance to the intersection of Charlamagne Dr and McKelvey Rd. Then it heads north a short distance along McKelvey Rd to the intersection of McKelvey Rd and McKelvey Woods Ct. The trail then passes underneath McKelvey Road and continues west along the Fee Fee Greenway Trail. The trail is asphalt and has location markers. The walk proceeds parallel to Fee Fee Creek passing by three “Nature Trail” signs. At the third “Nature Trail” sign, the walk heads south along the “Nature Trail” and loops around until it reconnects with the Fee Fee Greenway Trail at the second of the three “Nature Trail” signs. The walk then heads west to continue along the Fee Fee Greenway Trail crossing Fee Fee Creek and continuing along a winding path. The trail then intersects a service road at which point the “outbound” portion of the walk terminates. The 5K walk then returns to the starting point at the Aquaport retracing the “outbound” path excluding the “Nature Trail” loop.

### **10K WALK**

The 10K walk is an Out and Back (OAB) starting at the entrance to the Aquaport Water Park in Maryland Heights, MO. The walk heads west a short distance to the intersection of Charlamagne Dr and McKelvey Rd. Then it heads north a short distance to the intersection of Charlamagne Dr and McKelvey Rd. Then it heads north a short distance along McKelvey Rd to the intersection of McKelvey Rd and McKelvey Woods Ct and then passes underneath McKelvey Rd and continues west along the Fee Fee Greenway Trail. The trail is asphalt and has location markers. The walk proceeds parallel to Fee Fee Creek passing by three “Nature Trail” signs. At the third “Nature Trail” sign, the walk heads south along the “Nature Trail” and loops around until it reconnects with the Fee Fee Greenway Trail at the second of the three “Nature Trail” signs. The walk then heads west to continue along the Greenway Trail crossing Fee Fee Creek before starting up a winding incline. Near the top, the walk overlooks the Quarry at Crystal Springs Golf Course. At the bottom of the descent, the walk continues past the CAS (Continental Auto Sales) Car Lot. The walk continues into Creve Coeur Memorial Park. The “outbound” portion of the walk terminates in the Creve Coeur Memorial Park parking lot. The 10K walk returns to the starting point retracing the “outbound” path excluding the “Nature Trail” loop.

**STARTING POINT:** The starting point for both the 5K and 10K walks is the entrance to the Aquaport Water Park in Maryland Heights, MO located at 2344 McKelvey Road.

**TIME:** Register between 8:30 AM – 11 AM.

**GROUP WALK:** 9 AM.

**COVID-19 GUIDELINES:** If applicable, COVID-19 guidelines will be followed.

**REGISTRATION:** To register, get a Start Card and fill it out with. Keep the card on the walk. Start Cards are the property of the St. Louis Walkers and are turned in after completing the walk. Also, take a 5K or a 10K map. Registration is conducted in the Aquaport Water Park parking lot. There is currently no Online Start Box (OSB) for this event.

**FEE:** \$3 per walker. Bring the exact amount or write a check.

**PETS:** Leashed, well-behaved pets are welcome.

**REFRESHMENTS:** BYO.

**FACILITIES:** Restrooms are available at the Aquaport, at the Dogport behind the Aquaport, and also at Creve Coeur Memorial Park near the 10K walk turn-around point. The Aquaport restrooms are available only during the summer season.

**DIRECTIONS TO START LOCATION:** From I-270 (N or S), exit west onto Dorsett Road. Then turn right onto McKelvey Hill Drive. At the traffic circle, continue straight onto McKelvey Road. Turn right to stay on McKelvey Road. Pass the Maryland Heights Community Center on the right. Turn right at the intersection of McKelvey Road and Charlemagne Drive to enter the parking lot adjacent to the Aquaport Water Park. The starting point for both walks is the entrance to the Aquaport Water Park.

**POC:** S. McGrath, normsrestaurant@gmail.com, 760.793.2976.