## WILLMORE PARK WALK

## DIRECTIONS

**From North**: I-44 West to Hampton (exit 286). Left (south) on Hampton 4.5 miles to entrance of Willmore Park on right. If you reach Gravois, you went too far south.

**From South**: I-55 North to River City Blvd/Carondolet Blvd. (exit 202A), Left (north) at Carondolet Blvd. 1.5 miles to Gravois, turn right, then almost immediately left at Hampton. Park entrance on left.





Saturday, June 3<sup>rd</sup>, 2023 Gazebo/tent on the grounds of Willmore Park, St. Louis City, Missouri

Walk Rating: 1A EVENT ID: 124199-2023 SPONSORED BY: Saint Louis Walkers

> <u>Special Programs</u>: None

The Willmore Park routes were routes traditionally walked annually by the previous incarnation of the Saint Louis Walkers. We hope you enjoy them again!

**START LOCATION:** There is one driveway into Willmore Park off Hampton, drive through and locate the big AVA flag.

**<u>PARKING</u>**: Free parking in the park.

**<u>TIME</u>**: Register 9 – 11 am. This event will take place regardless of weather.

<u>ACCOMMODATIONS</u>: The route goes by park restrooms.

**<u>DISTANCE</u>**: 5k and 10k routes have detailed directions and maps. The routes may be difficult for strollers or wheelchairs because there are some gentle hills.

**<u>POC</u>:** Scott and Janine Prost-Domasky, drfea@yahoo.com, 314-831-4287

**<u>REGISTRATION</u>**: Fee is \$3 for each walker. Event is open to all.

**<u>REFRESHMENTS</u>**: Water is available at the gazebo.

<u>PETS:</u> Leashed pets are allowed on the walk but not inside buildings. Please clean up after your pet and bring fresh water for it.

**<u>PROCEDURE</u>**: To register, get a Start card and fill it out and turn it in. \$3/walker.

## **WEB SITES:**

www.ava.org or www.saintlouiswalkers.com

## **DISCLAIMER:**

AVA and the Saint Louis Walkers are not liable for accidents, thefts, and/or material damage. Every effort will be made by the sponsors to make this event safe and enjoyable.

We hope you enjoy the Willmore Park Walk!



**SANCTION:** Sanctioned by the American Volkssport Association (AVA), a member of the International Federation of Popular Sports (IVV). This event counts toward the acquisition of IVV Achievement Awards. Bring both IVV books (event and distance). IVV books are available at the start/finish for \$6.00 each. There will be no Awards or pins.